

Centre for Disability Health: service information

The Centre for Disability Health (CDH) is a state-wide, specialised health service funded by SA Health which provides medical and psychiatric assessment and consultation for adults with intellectual disability and complex needs.

CDH is located at Ingle Farm, approximately 30 minutes north east of the Adelaide CBD, in a wheelchair-accessible and quiet location.

Who do we see

People accepted to the service are adults with intellectual disability and/or significant developmental disability with heightened levels of complexity as a result of one or more of:

- > Mental illness or suspected mental illness
- > Autism spectrum disorder
- > Severe or profound communication and/or behavioural issues
- > Other disabilities or health conditions
- > Other complexities or issues which have been difficult to manage in mainstream services.

Please note that CDH does NOT provide the following services:

- > emergency or crisis service
- > ongoing medical or psychiatric management
- > IQ assessments
- > case management

What do we do

Clinical assessment and consultation services

Specialised general practitioner and psychiatry clinical services are available to provide second opinion and/or comprehensive assessment and planning to support ongoing care in the community by existing services. Plans are developed in liaison with families, current service providers and carers, with short term follow-up support provided by CDH if required. Individuals can be re-referred to the service if their medical or health needs change.

Services are generally provided at clinics based at the CDH site at Ingle Farm. However, home visiting services, telehealth and regional clinics may be organised based on patient need, staff availability and service demand.

Telephone support and advice

Where appropriate, CDH clinicians can also provide support and advice in response to telephone enquiries. These may be general or patient-specific in nature.

Other services

CDH is in the process of re-establishing its role in provision of education and training support for families, carers, support workers, medical/nursing students and for mainstream service providers.



How do you make a referral

Referrals for assessment and consultation must be received from the person's own GP or other medical specialist. Self-referrals to the CDH specialist GP can be accepted if the person does not have access to their own GP.

Referrals should address the above acceptance criteria and include a comprehensive medical history including discussion of investigations and current treatments. For new referrals, the CDH Clinic Nurse may also contact the person's family, carer, nominated support person and/or GP to obtain additional information prior to the appointment.

All referrals will be notified of acceptance, decline and/or clinic appointment availability within one month of referral receipt wherever possible.

What happens at the clinic

The initial assessment consultation may take up to 1 - 2 hours and is ideally attended by the patient, family member and/or a support person with a good knowledge of the person and the presenting problem, and other parties who may be able to contribute. A complete medical and/or psychiatric history will be taken, with a physical examination performed as required.

A detailed report including assessment and management suggestions is sent to the referring doctor after the consultation, with copies to other parties by mutual agreement. If required, referrals will be made to other medical specialists or allied health personnel.

CDH enquiries or appointments

Hours: Monday to Friday 8.30am – 4.30pm

Phone: 08 8257 7300

Fax: 08 8257 7399

Email: HealthCentreforDisabilityHealth@sa.gov.au

Getting to CDH

CDH is located at:

Ingle Farm Recreation Centre
3/58 Beovich Rd
Ingle Farm SA 5098

Parking, including accessible parking, is available in the visitor's carpark directly in front of the centre. Enter the front main entrance to the Recreation Centre via steps or ramp, and turn immediately left to access CDH.

Public Transport

Bus stop 42 on Beovich Rd is directly outside the Recreation Centre, and is serviced by bus numbers 203, 203F, 209F, 203B (North side only) and 565 (South side only).

For more information

Centre for Disability Health
Aged Care, Rehabilitation and Palliative Care Division
Northern Adelaide Local Health Network
08 8257 7300

www.sahealth.sa.gov.au



www.ausgoal.gov.au/creative-commons



Health
Northern Adelaide
Local Health Network