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Please circulate this information to staff in your practice and display on the appropriate notice boards. Thank you.



Issue 10 | 28 August 2023

Southern GP Matters

Dear GP Practice Teams

It's been a busy few months and we want to say thank you to our southern GP community for your engagement and support. Whether it be welcoming us (the SALHN GPIU) into your practice for a visit, enthusiasm towards the SALHN GP Forum or other points of communication, we are grateful for opportunities to continually strengthen the partnerships between SALHN and the southern GP community.

We are excited to provide the Southern GP Matters Issue 10 and thank the Practice Managers for distributing these newsletters to your GPs, nurses and administrative staff.

Dr Mai, Emma and Emily

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- SALHN GP Clinical Collaborative (face-to-face at Marion Hotel, monthly, starting Tuesday September 19, 6pm-8.30pm)
- 2023 Mental Health ECHO (online, monthly on Wednesdays, starting August 30, 6.30pm-7.45pm)
- Annual Cardiology Event (face-to-face at Adelaide Pavilion, Saturday November 25, 8.30am-3pm)
- Other education activities - SAPMEA, AMPHeat, Grand Rounds

SALHN GP Forum follow up

Message from SALHN CEO, Kerrie Freeman

As you may know, the SALHN Executive team and 41 southern GPs came together at the SALHN GP Forum held on Wednesday, 31 May. It is safe to say the buzz from the night is still being felt here at SALHN, as the discussions helped identify what we can do to continuously improve the way in which we operate. We acknowledge that we have improvements to make and we appreciated the frank feedback provided by those on the night.

Your generous contributions as part of the GP Forum have also helped to further shape the refreshed [SALHN Strategic Plan 2023-2027](#) and will inform the future direction of our organisation.

Further discussions and planning is occurring and we will continue to provide updates as work progresses.

The main priorities identified on the night were:

- Outpatient access and transparency
- Discharge planning and clinical handover after admission
- Further collaboration with General Practice

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- Further information about the work currently underway is detailed in the 'Initiative Update' section below.

Thank you again for embracing the opportunity to further strengthen the partnership between SALHN and General Practice. As mentioned on the night, we acknowledge there is still much work to be done, however I am confident that we can continue to work collaboratively to achieve exceptional care for the communities we serve.

INITIATIVE UPDATE

Below are some of the initial improvement activities currently underway to directly address the feedback received from Southern GPs. We will continue to provide updates as work progresses. Please feel free to contact the GP Integration Unit team if you would like to highlight other areas for improvement or provide feedback. Opportunities to participate in improvement activities are described in the 'Get involved' section [here](#)

Improving Outpatient Access and Transparency

Outpatient 'Referral hotline' for GP Practice teams to confirm a referral has been received, triaged or appointed

GP Practices can phone (08) 8204 7886 between 10am-12pm on Tuesdays, Wednesdays, and Thursdays if they would like to check if a referral has been received, triaged or appointed.

- This is not a clinical advice line.
- Please wait 48 hours after sending the referral before calling, unless the referral is urgent.
- If you require clinical documentation (e.g. clinic letter or discharge summary), the best contact still remains the GP Liaison team in FMC Medical Records: phone (08) 8204 6040, fax (08) 8204 3964 or email healthfmcmedicalrecordsgpliaison@sa.gov.au.

This is an interim support service until eReferral launches at SALHN.

eReferral rollout

The eReferral system will enable GPs to digitally send referral forms to outpatient clinics, replacing the use of fax and letters. The solution will improve access to quality healthcare for all South Australians by standardising how referrals are managed across the state. The rollout of SA Health's statewide eReferrals system is due to commence later this year across all metropolitan local health networks. More information about the program can be found at the following sources:

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- Pulse IT - [SA Health to begin state wide eReferrals program using HealthLink and Salesforce](#)
- RACGP-SA webinar, “Beyond the Fax: E-referrals are Coming!” available for viewing by RACGP members [here](#), including:
 - Program background and update
 - Best Practice Demonstration – from 21’30”
 - Medical Director Demonstration – from 34’20”
- Q&A – from 45’18”
- SA Health website – [Statewide eReferrals](#)

Standardised statewide referral criteria - Clinical Prioritisation Criteria (CPC) update and website now live

The CPC are clinical decision-making support tools that assist in ensuring patients referred to public specialist outpatient services in South Australia are seen in order of clinical urgency and accepted based on standardised statewide referral criteria. There are more than 40 specialist OP clinical services in scope for CPC development in SA.

Phase one of the CPC project commenced in June 2021. Outpatient Redesign in SA Health worked closely with clinical experts from across the state to establish CPC for six adult clinical specialities. These initial CPC include Cardiology; Vascular; Ear, Nose and Throat (ENT); Gastroenterology; Orthopaedics and Neurology, and reflected the clinical services with the longest waitlists across the state. These initial six CPC have also been incorporated into phase one of the statewide eReferral system, currently being led by Digital Health SA.

The CPC website was launched in June 2023 featuring CPC for the first 6 specialities completed, and can be found at [Clinical Prioritisation Criteria | SA Health](#). A further 4 specialities have been added since, and as further specialities are completed and endorsed they will also be uploaded onto the CPC website.

To participate in the CPC user evaluation survey or in the CPC development process, please see the 'Get Involved' section [here](#).

Outpatient waitlist

To support timely access to appointments, SALHN achieved the goal of having no patient waiting 5 years or more for an appointment in 2022. Although a significant milestone, there is still much work to do. Quarterly reports detailing metropolitan specialist outpatient waiting times are available [here](#) or via the Outpatient section of the GP Integration Unit website. These reports detail metropolitan specialist outpatient waiting times for Routine (category 2) and Non-urgent (category 3) patients who have not been given an appointment date at the census date (ie are unscheduled).

SALHN continues to work towards shorter outpatient wait times, with a current goal that no patient will be waiting more than 4 years by the end of 2023, in alignment with statewide goals. In particular, the

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Gastroenterology Department have seen a 23% reduction in patients unbooked and overdue in the last 12 months and their aim is to have no patient waiting outside their clinical recommended timeframe by 30 June 2024.

Some great progress is also being made on elective surgery long wait lists. Substantial reductions have been made in the number of SALHN overdue elective surgery cases with the total number across SALHN being reduced by 181, from 30 June 2022 (643) to 30 June 2023 (462). This has been achieved by utilising a number of strategies including increasing the number of patients outsourced to private providers and also the use of Noarlunga Hospital theatres whilst surgeons were on leave.

Innovative Outpatient Models of Care

Improved Models of Care are continuously being considered.

Opportunities for Rapid Access Clinics are currently being scoped to give patients with urgent clinical needs, who do not need an Emergency Department (ED) or a hospital admission, immediate access to a specialist outpatient appointment.

Recent developments also include the Collaborative Eyecare Project for Ophthalmology at SALHN (CEPOS). CEPOS, launched in May 2023, is a partnership between the [SALHN Ophthalmology service](#) and Flinders University. CEPOS is located at Health2Go, Bedford Park and can be accessed by existing SALHN Ophthalmology patients who meet the clinical inclusion criteria. Operating with medical oversight, CEPOS is led by senior optometrists and final year optometry students in a student led format. It is expected that CEPOS will improve access to appointments for consumers who do not require hospital-based care, helping to support the current demand for SALHN Ophthalmology services. CEPOS is expected to enable 700 patients to be seen in 2023.

Improving discharge planning and clinical handover after admission

ED result follow up

Following GP feedback, processes and responsibility for follow-up of investigations initiated in ED are currently being reviewed, particularly noting the significant pressures currently felt across Primary care.

To facilitate access to results that GPs may have to review, web access to SA Pathology results remains available through [iPath](#). To set up an iPath account or to update your current profile, please contact the SA Pathology Marketing team: phone (08) 8222 3355 or email Health.SAPathologyMarketing@sa.gov.au.

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This information about iPath, along with additional information about accessing imaging results, is included in the combined “Urgent and After hours Care” and “Useful Contacts” resource for GPs available [here](#).

GP discharge summary survey and recommendations

The findings of the 2022 GP survey on discharge summaries have been recently published in Australian Health Review as a Research article titled ‘*General practitioners’ perspectives on discharge summaries from a health network of three hospital in South Australia*’ - now available [here](#). We would like to take the opportunity to thank all 150 General practitioners who took the time complete the survey and shared their insights to improve clinical handover at discharge.

A report of this work with recommendations has also been submitted to senior medical administration at SALHN for consideration. Improvement activities have been underway, with a recent Grand Rounds on the topic as well as internal communications from the CEO underlining the importance of discharge summaries.

Supporting and collaborating with General Practice

Supporting GP workforce - Intern placements in General Practice

It’s been mentioned by our southern GPs in various capacities such as the GP Forum about having the SALHN Interns exposed to general practice and re-introducing the “previous GP placements”. Whilst it looks slightly different to years ago, we are happy to share – this is still happening!

The Road to Rural (R2R) Intern program, run by Rural Doctors Workforce Agency, sees 15 SALHN Interns (i.e. 18% of 2022 intern cohort) complete a rural medicine rotation within a rural GP Practice and hospital each year. The Intern is allocated a GP Supervisor and the placement is typically 10 weeks. See insights from one of our SALHN Interns who completed a R2R placement this year:

“I didn’t know actually how helpful it can be to have certain information in discharge summaries! A contact person if they have questions, can be so helpful. As can a plan that has dates and times that have been either confirmed or remain unconfirmed. “

“A few extra seconds to clarify a plan in the hospital and provide clear discharge instructions can be the difference of hours of unpaid work for a GP. “

“Rural GP you get to do a lot! I learnt a lot - about a variety of medicine. Would definitely recommend rural GP rotations to all my colleagues coming through internship in the future.”

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Shared care pathways

SALHN recognises the benefits of working more collaboratively with General Practice and aims to improve continuity of care with clear roles, responsibilities and pathways. Scoping for opportunities is currently underway, noting existing and past Shared Care Models, as well as trends in clinical needs (e.g. location, acuity and volume of referrals). To support better alignment, we are seeking GP's input and preferences for clinical topics of interest. Please let us know what would work best from your perspective by emailing the GP Integration unit: health.gpintegrationunit@sa.gov.au

Collaborative Education

Ongoing opportunities for Southern GPs and SALHN clinicians to meet and share information will continue to be available later this year and into 2024, including:

Repat Neuro-behavioural Unit Information Evening (face-to-face at Repat Health Precinct), Wednesday September 13 - Come along to meet the team and learn more about the resident journey and personalised patient centred, trauma-informed care approach in the Repat Neuro-behavioural Unit.

SALHN GP Clinical Collaborative (face-to-face at Marion Hotel) – Monthly, starting September 19 - A series of 6 dinner meetings for GPs to meet SALHN staff specialists, hear the latest updates, learn the best way to navigate referrals and work together.

2023 Mental health ECHO (online via Zoom) – Monthly on Wednesdays, Starting August 30 - An initial series of 6 online sessions with a panel including both a Southern GP and a SALHN Psychiatrist, along with additional guest panellists. This is Series One of the Mental Health ECHO Program, with Series Two commencing in 2024.

More information in the Education section below, please click [here](#).

SERVICE UPDATES

Women's Assessment Service - Early Pregnancy Unit (EPU)

The Early Pregnancy Unit is a service provided within the Women's Assessment Service (WAS) for women experiencing pelvic pain and/or vaginal bleeding in early pregnancy (<14 weeks).

- The EPU is open Mon-Fri 7am till 9.30pm (Last patient accepted at 8pm).
- Contact details: Phone: WAS front desk 8204 4645 - Fax: 8204 5829

The EPU provides scheduled appointments as well as unplanned reviews.

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- Written referral is required and should be faxed to 8204 5829. Please include all relevant investigations, bloods and scans.
- Clinically stable women can be seen in scheduled appointment times.
- Assessment can be escalated by contacting WAS directly.

The EPU will provide clinical review and management as indicated, for instance Bloods +/- USS.

Common presentations include:

- Confirmed viable intrauterine pregnancy with sudden onset of pelvic pain and vaginal bleeding (Threatened Miscarriage)
- Confirmed miscarriage on US requiring management
- Suspected Ectopic Pregnancy with inappropriately rising BHCG
- Retained Products of Conception following medical/surgical Termination of Pregnancy or incomplete miscarriage.

NEW RESOURCES

Urgent and After Hours Care Options cheat sheet

We have developed a two-page print friendly cheat sheet to help GP Practices navigate “Urgent and after care options” (on one side), as well as “Useful details” (on the other side). Download and print your copy

[here.](#)

Information for Southern Adelaide General Practice teams				Information for Southern Adelaide General Practice teams			
Urgent and After Hours Care Options				Useful Contacts			
<p>Paediatrics</p> <p>Child and Adolescent Virtual Urgent Care Service (CAVUCS)</p> <ul style="list-style-type: none"> • Video consultation for 6 months up to 18 years with non-life threatening conditions • Consumers can access directly • Monday-Friday: public holidays, 9am-5pm • Tel: (08) 8181 8207 (GP only direct phone number) or via WCHN switch: (08) 8181 7000 <p>Other</p> <p>Early Pregnancy Unit (EPU)</p> <ul style="list-style-type: none"> • Clinical review for women experiencing pelvic pain and/or vaginal bleeding in early pregnancy (<14 weeks) • Mon-Fri, 7am - 8:30pm (Last patient - 8pm) • Tel: (08) 8204 4045 (Women's Assessment Service) - Fax refers to: (08) 8204 8929 <p>Yarrow Place Rape and Sexual Assault Service</p> <ul style="list-style-type: none"> • 24 hours a day, 7 days a week crisis response service for recent rape or sexual assault • Tel: 1800 817 421 <p>SA Perinatal Triage, North Adelaide</p> <p>High Risk Fetal Clinic</p> <ul style="list-style-type: none"> • Mon-Fri, 8am - 4:30pm • Tel: 0483 007 753 for urgent referrals <p>Tongariro Home Aids</p> <ul style="list-style-type: none"> • Support for people experiencing or at risk of homelessness, Monday to Friday, 9am-5pm 	<p>Mental Health (MH)</p> <p>Urgent MH Care Centre (UHMCC)</p> <p>Fast Response Support, Adelaide</p> <ul style="list-style-type: none"> • Face-to-face post-ED recovery and clinical support (walk-in or via referral) for >18 yo • 24 hours a day, 7 days a week, inc. PH • Consumers can access directly • Tel: (08) 8448 9100 <p>Telephone support accessible to anyone:</p> <p>Livvo Emergency Telephone Support Service (LIVVO)</p> <ul style="list-style-type: none"> • Non-critical mental health support • 365 days, 5pm - 11:30pm • Tel: 1800 313 705, staffed by lived experience peer-workers <p>Mental Health Emergency Triage</p> <ul style="list-style-type: none"> • Access for crisis and urgent MH services • 365 days, 24hrs a day • Tel: 13 14 65, staffed by MH clinicians <p>Older persons</p> <p>CARE, Resett or In-home</p> <ul style="list-style-type: none"> • Same day hospital level non-emergency care to frail >65yo (or >80 years for Aboriginal and Torres Strait Islanders) with geriatric syndromes • 7 days a week - 8am - 10pm • Phone referral: (08) 7425 6340 	<p>General</p> <p>Metropolitan Referral Unit (MRU)</p> <ul style="list-style-type: none"> • Home-based care supporting hospital avoidance & discharge support services for adults + children (via referral) • Monday-Sunday + PH, 9am-5pm • Tel: 1300 110 000 <p>Medical Ambulatory Care Service (MACS)</p> <ul style="list-style-type: none"> • 24 hours a day, 7 days/week including public holidays, staffed by DASSA • Tel: 96 7887 1142 <p>SA Pathology Support Line</p> <ul style="list-style-type: none"> • Monday - Friday 8:30am-4:30pm • Tel: 1800 16 17 18 <p>Drug and Alcohol Clinical Advisory Service (DACAS)</p> <ul style="list-style-type: none"> • Monday-Friday (excluding public holidays) 9:30am to 4:30pm • Tel: 08 7117 6800 <p>Home-based public hospital level medical care for adults + children over 15 yo (phone referral available)</p> <ul style="list-style-type: none"> • Monday-Sunday + Public holidays, 24/7 • Tel: 1800 111 644 <p>Priority Care Centre (PCC)</p> <p>Metcon, Mt Barker</p> <ul style="list-style-type: none"> • Face-to-face GP-led care with ED/acute care nurses & on-site pathology, radiology and pharmacy for adults and children (needs phone referral) • Metcon: 0488 698 616 - Monday-Sunday + Public holidays, 10am-5pm • Mt Barker: 0453 719 666 - Monday-Friday, except public holidays, 10am-5pm, Saturday 10am - 4pm 	<p>Clinical support</p> <p>COVID Clinical Advice Line</p> <ul style="list-style-type: none"> • 7 days, 8am to 8pm, staffed by Duty doctor from High-Risk Hub • Tel: 1800 313 600 (Option 2) <p>GP Prescribing Support Line</p> <ul style="list-style-type: none"> • Monday - Friday 8:30am-4:30pm • Tel: 1800 16 17 18 <p>Drug and Alcohol Clinical Advisory Service (DACAS)</p> <ul style="list-style-type: none"> • Monday-Friday (excluding public holidays) 9:30am to 4:30pm • Tel: 08 7117 6800 <p>SA Pathology Support Line for clinicians</p> <ul style="list-style-type: none"> • 7 days a week, 24 hours a day • Tel: 1300 672 122 <p>SA Veterinary Assisted Drug Use Navigator Service</p> <ul style="list-style-type: none"> • Business hours, Tel: 0483 087 300 • http://www.vetnavigator.com.au <p>Drug and Therapeutics Information Service, Critical Support Services</p> <ul style="list-style-type: none"> • Monday to Friday 8am to 5pm, staffed by DATIE pharmacists • Tel: (08) 7425 8444 <p>SA Virtual Care Services (SAVCS)</p> <ul style="list-style-type: none"> • 365 days, 8am - 10pm for RACQs and Disability Responder services involved in the project. Please Tel: (08) 7117 4900 to register your RACQ or service 	<p>Southern Adelaide LHN</p> <p>EMC Switch</p> <ul style="list-style-type: none"> • Tel: (08) 8204 5511 <p>GP Outpatient Referral Helpline</p> <ul style="list-style-type: none"> • Outpatient contact to confirm if a referral has been received, triaged, or approved • 10am - 10pm Tues, Wed and Thurs • Tel: 8204 7868 <p>GP Liaison Officer (Medical Records)</p> <ul style="list-style-type: none"> • Administrative contact to request clinic information documents - e.g., discharge summaries, clinic letters • Tel: (08) 8204 6160 • Fax: (08) 8204 3864 • Email: health@sa.gov.au/healthrecords@sa.gov.au 	<p>Patient results - Pathology</p> <p>SA Pathology</p> <ul style="list-style-type: none"> • Tel: (08) 8222 3000 (Option 1) • Web access: SA.Pathology.Path <p>To set up an iPath account or to update your current profile, please contact the SA Pathology Marketing team.</p> <p>Tel: (08) 8222 3355 Email: health@sa.gov.au/pathmarketing@sa.gov.au</p> <p>Further information: SA.Pathology website</p> <ul style="list-style-type: none"> • Administrative contact to request clinic information documents - e.g., discharge summaries, clinic letters • Tel: (08) 8204 6160 • Fax: (08) 8204 3864 • Email: health@sa.gov.au/pathmarketing@sa.gov.au 	<p>Patients results - Imaging</p> <p>SA Medical Imaging (FMCI) Result</p> <ul style="list-style-type: none"> • Tel: (08) 7117 2555 (FMCI) • Tel: (08) 7117 2300 (Phone) • Web access: iMViewer <p>To access iMViewer, please complete the iMViewer End-user Access form, and send it to health@sa.gov.au/iMViewer@sa.gov.au</p> <p>Note: Medical Specialist - optional additional account can be requested (separate page of the form) to have unlimited access to patient diagnostic images and reports for patients you provide care for.</p> <p>Further information: SA.MI Results and Image Access page</p> <p>Jones Radiology (Noarlunga)</p> <ul style="list-style-type: none"> • Tel: 08 8309 2222 (Option 2) • www.jonesradiology.com.au <p>To apply for an account, please visit www.jonesradiology.com.au</p> <p>Further information: www.jonesradiology.com.au</p>	<p>GP Integration Units</p> <p>The GP Integration Units focus on improving the partnership and working relationships between LHNs and General Practice.</p> <p>Southern Adelaide Local Health Network (Flinders Medical Centre, Resall, Northlands)</p> <ul style="list-style-type: none"> • Tel: 0481 152 366 • Email: health@integrationunits.sa.gov.au • Website: www.sahelnhs.sa.gov.au/sahelpg <p>Central Adelaide Local Health Network (SAH, TOGH)</p> <ul style="list-style-type: none"> • Tel: 0411 321 894 • E: Health.CALHN@integrationunits.sa.gov.au • W: www.integrationunits.sa.gov.au <p>Northern Adelaide Local Health Network (Lynch St, Gawton, Woodbury)</p> <ul style="list-style-type: none"> • Tel: 08 8286 1774 • E: Health.NALHN@integrationunits.sa.gov.au • W: www.integrationunits.sa.gov.au <p>Women's and Children's Hospital Network</p> <ul style="list-style-type: none"> • Tel: WCH switch (08) 8161 7000 • E: Health.WCH@integrationunits.sa.gov.au • W: www.integrationunits.sa.gov.au
<p>Information intended for General Practice teams and prepared by the SALHN GP Integration Unit - Updated 9 August 2023 For further details, please see the Urgent and After Hours tab on our website: www.sahealth.sa.gov.au/sahelpg</p>				<p>Information intended for General Practice teams and prepared by the SALHN GP Integration Unit - Updated 9 August 2023 For further details, please see the Contact your GP Integration Unit tab on our website: www.sahealth.sa.gov.au/sahelpg</p>			

Omega 3 Test and Treat Program for Prematurity Risk

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SAHMRI's Omega-3 Test and Treat Program is embedding a new evidence-based Australian Pregnancy Care Guideline into routine pregnancy care and evaluating its impact on reducing preterm birth rates in South Australia. The guideline recommends omega-3 fatty acid supplementation for pregnant women who have low omega-3 levels to reduce their risk of prematurity.

We have made great progress. **In the last 6 months, 41% of pregnant women in the SALHN area have engaged with the program, equating to over 530 tests, just below the statewide average of 50%.**

To check pregnant women's omega-3 levels, a simple blood test is now available. The test can be ordered for women with singleton pregnancies anytime from confirmation of pregnancy to 20 weeks gestation and supplement guidelines are provided together with the test result.

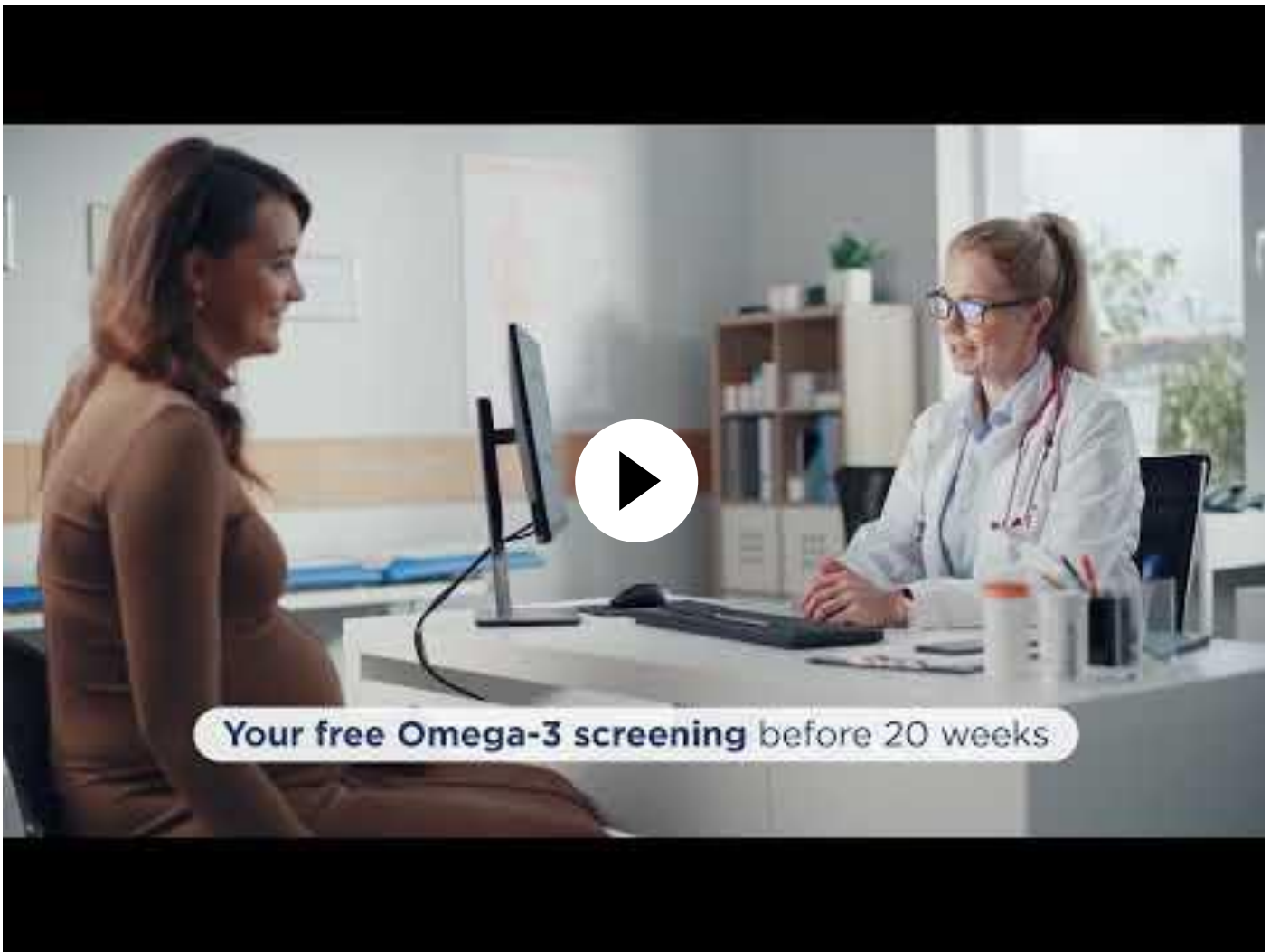
Doctors can order the test:

- By checking an additional box on the SAMSAS form. The SAMSAS form is now digitalized in [Best Practice](#) and [Medical Director](#), making it easier to refer women for an omega-3 test, OR
- By writing "omega-3 to SAMSAS" on any preferred pathology form

To successfully see reductions of prematurity in the community the SAHMRI team estimates about 80% of pregnant women need to engage with the program. To help do this, SAHMRI are also assessing the success of providing doctors with omega-3 sample packs for pregnant woman who test low. If you are interested in receiving further information about supplement samples, please contact the team on omega3@sahmri.com.

To learn more please visit Sahmri.org/omega3

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New Haematology Optimal Care Pathways and Quick Reference Guides

Along with GP representation, a number of SA Clinicians within the Haematology Society HSA NZ have been involved with the National Blood Cancer Taskforce in the development of resources for blood cancers which outline best practice opportunities for these disease groups:

- Optimal Care Pathways and Quick Reference Guides are already available [here](#) for Acute Leukaemia in children, adolescents and young adults; AML; CLL; CML; Hodgkin and diffuse large B cell lymphoma; low-grade lymphomas; multiple myeloma and myelodysplastic syndrome.
- New resources for Acute Lymphoblastic Leukaemia (Adult), Myeloproliferative Neoplasms, Waldenstrom Macroglobulinaemia, AL Amyloidosis and Cutaneous T cell Lymphoma will be available through the same link in the near future. In the interim, please contact the GP Integration Unit if you would like to receive a copy of these new resources.

TEN - The Essential Network for Health Professionals - Black Dog Institute

To support the mental health of Australia's healthcare workers, the Black Dog Institute developed [TEN – The Essential Network for Health Professionals](#) – originally created to connect healthcare workers with critical mental health and wellbeing services to better cope with the stress of the COVID-19 pandemic.

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Post-pandemic, demand for TEN is still growing. The service continues to offer specialist, individualised mental health advice and triaged support to connect healthcare workers to the help they need when they need it the most. Designed by health professionals for health professionals, TEN makes accessing support quick, easy and confidential, including up to 5 free telehealth sessions with a clinical psychologist or psychiatrist through Black Dog Institute's TEN Clinic. No referral, Medicare, or GP information is required.

TEN connects health workers to a network of essential resources and support to manage their own stress and to maintain good mental health. It is entirely free and not connected to Medicare so it won't go on My Health Record. It offers:

- self-guided mental health screening
- evidence-based tools and resources
- peer support with Hand-n-Hand
- digital mental health programs
- up to 5 free, confidential telehealth appointments with a psychologist or psychiatrist at the Black Dog Institute.
- On-demand learning module: Burnout
- Detailed information on mandatory report (which is often a barrier for accessing care)

Eligibility - Health professionals with an AHPRA number, with the exception of Social Workers and Practice Managers.

GET INVOLVED

EOI - Interested in joining SALHN Emergency Department team?

GPs have made up an important part of the SALHN ED workforce for many years, in particular in Noarlunga ED.

SALHN ED is keen to continue strengthening the collaboration across primary care between ED and General Practice, and welcomes GPs interested in sessional work.

For more information, please contact Dr Matthew Wright, Clinical Director, SALHN Emergency Department: matthew.wright@sa.gov.au.

Statewide Clinical Prioritisation Criteria (CPC) - Evaluation and workgroup

CPC evaluation

As part of the CPC Evaluation Plan, the CPC team is undertaking a short user survey. The Outcome Evaluation will engage with stakeholders to determine the impact of the project by asking a series of

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questions on the user experience of the CPCs and CPC website. This will include clinicians who make referrals to specialist outpatient clinics or clinicians who may use the CPC website to triage.

if you would like to participate, please fill in the survey [here](#) by COB, Friday 8 September.

CPC workgroup

In order to bring more GP voices and experience into the development of CPCs, an EOI was recently advertised through the Adelaide PHN to join the CPC Workgroup and has now closed. Thanks to the GPs who expressed their interest in supporting this process. The next round of CPCs will commence in early 2024.

For further information please contact Dr Chad Collins, Adelaide PHN GP Liaison via email ccollins@adelaidephn.com.au or phone (08) 8219 5900.

Opportunities for GPs to participate in SALHN improvement activities

Improving patient flow

SALHN has started a program to standardise management of common conditions to improve patient care delivery. Diagnostics including volume and length of stay were used to guide the selection for 12 conditions. The 12 areas of focus are:

1. Acute Back Pain
2. Delirium
3. Heart Failure
4. Borderline Personality Disorder
5. Falls and Fractures in the Elderly
6. Palliative Care Pathway
7. Diabetic Foot
8. Undifferentiated Abdominal Pain
9. Acute Paediatric Respiratory Illness
10. PV Bleeding
11. Extended Emergency Care Unit (EECU) Short Stay Patients
12. Alcohol Related Presentations

If you would like to be involved in the any of the project groups, please contact Angie Goodrich, Director Continuous Improvement Programs via email angie.goodrich@sa.gov.au

Outpatient Redesign Strategy 2023-2025

The SALHN Strategy team are seeking further opportunities to collaborate with the GP community to continuously improve transparency and communication across the broader health system.

If you would like to get involved in the Outpatient Redesign Strategy or provide your thoughts and ideas, please email Health.SALHNOutpatientRedesign@sa.gov.au

Colonoscopy Survey

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Are you a general practitioner involved in the clinical care of people who need to undergo a colonoscopy?

The Bowel Health Service team at Flinders University are seeking feedback from clinicians about their opinions and trust in different bowel testing methods. We would like you to complete a single survey comprising of 30 questions, which will take about 10 minutes of your time.

Participation in the survey will help to guide the best clinical practice for people who need a colonoscopy and will contribute to PhD candidate Maddison Dix's academic studies. This survey has received ethics approval from the Southern Adelaide Clinical Human Research Ethics Committee (protocol number: 195.22).

The survey can be accessed at this link <https://redcap.link/bhssurvey> or via the QR Code below



EDUCATION ACTIVITIES

Repat Neuro-behavioural Unit Information Evening (face-to-face)

You are invited to join the Repat Neuro-Behavioural Unit team for an Information Evening. Come along to meet the team and learn more about the resident journey and personalised patient centred, trauma-informed care approach in the Repat Neuro-behavioural Unit (RNBU). The RNBU is 1 of 2 community residential mental health units in SA where transitional care is provided to those South Australian's living with advanced dementia experiencing the most significant of responsive behaviours.

Speakers include:

- Dr Michael Page SALHN OPMHS Head of Unit
- Dr Sarah Talbot RNBU Consultant Psychiatrist
- Kate Maddigan RNBU Nurse Consultant
- Lorraine Ng Senior Occupational Therapist
- Jenie Aikman Lived Experience Carer Consultant

When: Wednesday 13 September, 6pm registration for 6.30pm - 8.30pm presentation (Light refreshments provided)

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Where: Repat Health Precinct - SPF Hall – enter via Gate 8 Goodwood Rd (Parking available in P3 car park), 216 Daws Road, DAW PARK

RSVP: to Colleen Price: please email health.RNBUPA@sa.gov.au by 6 September



SAPMEA Events

SALHN GP Clinical Collaborative (face-to-face) at Marion Hotel - monthly, starting September 19

After a break last year, we are super excited to resume the SALHN GP Clinical Collaborative through the remainder of 2023 and into 2024. This will be a series of 6 evening dinner meetings for GPs to meet the staff specialists, hear the latest updates and their impact on general practice, learn the best way to navigate referrals for common tricky conditions and clinically salient points to look out for, and work together to improve the interface between FMC specialist teams and the surround general practice community.

Here's the 2023 SALHN GP Clinical Collaborative program:

- Tuesday 19 September: Hepatobiliary (registrations now open!)
- Tuesday 17 October: Ophthalmology
- November (Date TBC): Breast Endocrine

To join A/Prof Mark Brooke-Smith (Head of Unit) and his team of surgeons from the FMC Hepatobiliary Surgery Unit this September, [register here](#).

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SALHN GP CLINICAL COLLABORATIVE
Building partnerships between Flinders Medical Centre and the surrounding General Practitioner community so that no patient gets left behind

Join the FMC Specialty Units in a series of education and networking evenings.

A forum for GPs to meet the staff specialists, exchange knowledge and best practice, improve referral pathways, and allow specialist teams and GPs to collaborate on system-based process improvements.

**September meeting:
Hepatobiliary**

Join the Head of Unit, A/Prof Mark Brooke-Smith, and his team of surgeons from the FMC Hepatobiliary Surgery Unit.


**Tuesday
19 Sept
6.00 - 8.30pm**


**Marion Hotel
Networking
dinner included!**

PRESENTATIONS


- Meet the SALHN Hepatobiliary surgical team
- Education update:
 - Pancreatic cystic lesions, determining urgency
 - Gallstones & when and where to refer and assigning urgency
 - Liver tumours, best investigative strategy?
- Referral pathways for common tricky conditions & clinically salient points
- Improving interface with GPs

FREE registration at <https://sapmea.asn.au/education>

 **Health**
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Local Health Network

 **sapmea**
where knowledge + health meet

2023 Mental Health ECHO (online via Zoom) - monthly on Wednesdays, starting August 30

 **Project ECHO**
sapmea

Mental Health ECHO
Monthly on Wednesdays
6:30pm - 7:45pm via Zoom

August 30 - Aboriginal and Torres Strait Islander mental health

September 20 - Perinatal anxiety and depression

October 25 - Psychotic disorders vs delirium

November 22 - Youth eating disorders

December 6 - Psychotropics & cardiometabolic effects

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ECHO aims to create a community of practice for shared learning and professional support. Online meetings provide an opportunity for participants to learn best-practice care from our panel of experts and contribute to case discussions. This series is focussing on the management mental illness in the context of the national [Equally Well Consensus](#) to improve the mental and physical health of people living with mental illness.

Meet the Mental Health ECHO expert panel:

- Dr Adelaide Boylan - General Practitioner, Pro Health Norwood (program facilitator)
- Dr Joel Pannell - Consultant Psychiatrist, SALHN Outer South Psychosis team
- Dr Jayde Clark - General Practitioner, Malvern Medical Centre
- Guest panellists:
- August: Vanessa Browne - Nurse Practitioner, Aboriginal Mental Health
- September: Dr Rebecca Hill - Consultant Psychiatrist & Head of Unit at Helen Mayo House
- October: Dr Michael Page - Consultant Psychiatrist & Head of Unit at the Older Persons Mental Health Service, SALHN
- November: Dr Randall Long - Senior Consultant Psychiatrist, Head of Unit at the Statewide Eating Disorder Service & Head of Unit at the Consultation Liaison Psychiatry Service.

To submit a case or register, please click [here](#).

2023 Frailty ECHO (online via Zoom) – Monthly on Tuesdays, Starting August 22



Frailty ECHO
Monthly on Tuesdays
6:30pm - 7:30pm via Zoom

August 22 - Screening and assessing frailty
September 12 - Nutritional support for people living with frailty
October 17 - Deprescribing / appropriate prescribing
November 14 - Physical activity and strength training
December 12 - Fatigue and frailty

The Frailty ECHO expert panel includes:

- Dr Stephanie Daly– General Practitioner, Sensus Cognition (program facilitator)
- Dr Chloe Furst- co-HOU, Department of Geriatrics and Rehabilitation Medicine, RAH
- Dr Chris Bollen – GP with Special Interest in Frailty, BMP Consulting
- Dr Tim Henwood - Southern Cross Care
- Jackie Kerr - Nurse Unit Manager GITH and IC Geriatric Services, CALHN
- Mark Dallman - Geriatric Nurse Consultant, CALHN Integrated Care
- Julie Dundon - Nutrition Professionals Australia

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- Prof Debra Rowett - UniSA - Director of DATIS.

To submit a case or register [here](#).

Annual Cardiology event - Saturday November 25, 8:30am-3pm, Adelaide Pavilion - Cost: \$30 ticket with catering and beverages included

Join colleagues on Saturday 25 November for an annual Cardiology Update meeting to bring together Cardiologists and General Practitioners from across South Australia.

An outstanding line up of Cardiologists is presenting at this year's annual meeting on the latest advances and recommendations in CVD.

Speakers:

- A/Prof Adam Nelson, General & Interventional Cardiologist
- A/Prof Anand Ganesan, Cardiologist & Electrophysiologist
- Dr Sujith Chacko, Clinical & Interventional Cardiologist
- Dr Kathryn Waddell-Smith, General & Genetic Cardiologist
- A/Prof Dennis Lau, Cardiologist & Electrophysiologist
- A/Prof Dr Johan Verjans, Physician-Scientist Cardiologist

Program topics:

- Clinical updates in:
 - Lipid management
 - Atrial fibrillation
 - Heart failure
- New Australian Guidelines for assessing and managing CVD risk
- The 2023 American College of Cardiology Expert Consensus on Management of HFpEF
- Genetic testing in CVD
- COVID and cardiovascular complications

[Places are limited, so register early!](#)

AMPHeat events

[Advanced Life Support](#) - multiple dates, Upnext Royston Park - link [here](#)

[Urgent Care Skills Workshop \(Common sports injuries\)](#) - Wednesday 30 August, 6pm–9pm, Upnext Royston Park

[Urgent Care Skills Workshop \(Basic Fracture Management\)](#) - Tuesday 26 September, 6-9pm, Marion Hotel

[Initial Assessment Referral and Decision Support Tool - Helpful, Friendly and Good to Know](#) - Thursday 28 September, 6pm-9pm, hybrid event, Upnext Royston Park or online

[AMPHEaT CPR/BLS & Anaphylaxis Management](#) - Tuesday 10 October, 6:00pm – 9:00pm, Up next Royston Park, South Australia – link [here](#)

Managing Aggressive Behaviour in Primary Care – Thursday 12 October, 12.30pm – 5pm – link [here](#)

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[Practice Wellbeing Workshop](#) - Wednesday 18 October, 6pm-9pm, Upnext Royston Park

SALHN Grand Rounds

Recordings of SALHN Grand Rounds are available [here](#). Please watch the live stream using your Chrome browser.

- **“The Courage to Speak Up for Patient Safety”** - 30 March 2023
- **“Goals of care - What Matters to You?”** - 20 April 2023
- **“Type 2 diabetes genetics: Novel genetic mechanisms and opportunities for precision medicine, a study of the PAM gene”** - 27 April 2023
- **“Medication safety: from reactive to proactive – can we predict the future?”** - 4 May 2023
- **“Fungus and COVID-19: A Deadly Combination”** - 11th May 2023
- **“Understanding Desmoglein-2 and its association with poor outcomes in multiple myeloma”** - 8 June 2023
- **“A Tribute to Professor Andrew Bersten”** - 29 June 2023
- **“A “cure” for Alzheimers”** - 20 July 2023
- **“Wording to Coding” and FMC Paediatric Discharge Summaries”** - 27 July 2023
- **“Beta-lactam allergy label: basics, guidelines and tripwires”** - 8 August 2023
- **“Simulate to Collaborate”** – 10 August 2023

Contact us

Please contact us at Health.GPIntegrationUnit@sa.gov.au to be added/removed to our mailing list or with any other enquiries. We welcome your feedback.

Was this information useful? Vote using the buttons below.



*We acknowledge the Kaurma people are the traditional custodians of the Adelaide Plains and pay respects to Elders past, present and future.
We recognise and respect their cultural heritage, beliefs and relationship with the land.
We acknowledge that they are of continuing importance to the Kaurma people living today.*

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