

# Colorectal (adult) CPC

## Evidence Statement



The Clinical Prioritisation Criteria (CPC) were created using a comprehensive consultation, review, and feedback process. Clinical Pathway Group (CPG) members employed a standardised yet adaptable methodology to complete the CPC's development. This included the selection of clinical leads through self-nomination or nomination by peers.

The CPG comprised of representatives from various healthcare fields, including clinicians, general practitioners, allied health professionals, and nurses. The CPC development was informed by a variety of sources, such as current clinical practice, research, existing guidelines, as well as relevant SA Health policies.

CPC development was informed by:

- existing local, national and international guidelines and/or criteria (refer to references below)
- evidence based practice recommendations
- SA Health policy guidelines
- national definitions for elective surgery urgency categories (AIHW)

Where possible, the CPC represents current clinical consensus about criteria for accessing specialist care and treatment to public specialist outpatient services in South Australia. This CPC will be reviewed and updated every 2 years, to ensure they are reflective of contemporary practices.

### Reference List

1. Australian Association of Stomal Therapy Nurses (AASTN) 2013, *Resources: Clinical Guidelines for Stomal Therapy*, Australian Association of Stomal Therapy Nurses (AASTN),, <<https://stomalththerapy.au/wp-content/uploads/2022/03/2013-Clinical-Guidelines-Book.pdf>>.
2. Australian Association of Stomal Therapy Nurses (AASTN) 2023, *Patient Education Pamphlets*, <<https://stomalththerapy.au/patient-education-pamphlets-2/>>.
3. Australian Commission on Safety and Quality in Health Care 2020, *Clinical Care Standards: Colonoscopy Clinical Care Standard - January 2020*, Australian Commission on Safety and Quality in Health Care, viewed 24/05/2022, <[https://www.safetyandquality.gov.au/sites/default/files/2020-04/colonoscopy\\_clinical\\_care\\_standard\\_updated\\_2020.pdf](https://www.safetyandquality.gov.au/sites/default/files/2020-04/colonoscopy_clinical_care_standard_updated_2020.pdf)>.
4. Australian Commission on Safety and Quality in Health Care 2020, *Clinical Care Standards: Colonoscopy Clinical Care Standard - January 2020*, Australian Commission on Safety and Quality in Health Care, viewed 24/05/2022, <[https://www.safetyandquality.gov.au/sites/default/files/2020-04/colonoscopy\\_clinical\\_care\\_standard\\_updated\\_2020.pdf](https://www.safetyandquality.gov.au/sites/default/files/2020-04/colonoscopy_clinical_care_standard_updated_2020.pdf)>.
5. Australian Government Department of Health and Aged Care 2023, *Stoma Appliance Scheme*, Australian Government Department of Health and Aged Care, <<https://www.health.gov.au/our-work/stoma-appliance-scheme>>.
6. Austroads 2022, *Assessing Fitness to Drive: Changes/Updates for Medical Assessment*, Australian Government - Department of Transport and Roads, viewed 05/09/2023, <<https://austroads.com.au/drivers-and-vehicles/assessing-fitness-to-drive/summary-of-changes>>.
7. Banday, M, Gagloo, A, Hijaz, W, Nasir, SA, Reyaz, A, Bakshi, IH, . . . Naqash, SA 2013, 'Comparative Study of Haemorrhoidectomy and Rubber Band Ligation in Treatment of Second- and Third-Degree Haemorrhoids in Kashmir', *Indian Journal of Surgery*.

# Colorectal (adult) CPC

## Evidence Statement



8. Bandy, M, Gagloo, A, Hijaz, W, Nasir, SA, Reyaz, A, Bakshi, IH, . . . Naqash, SA 2013, 'Comparative Study of Haemorrhoidectomy and Rubber Band Ligation in Treatment of Second- and Third-Degree Haemorrhoids in Kashmir', *Indian Journal of Surgery*.
9. Bordeianou, L, Paquette, I, Johnson, E, Holubar, SD, Gaertner, W, Feingold, DL & Steele, SR 2017, 'Clinical Practice Guidelines for the Treatment of Rectal Prolapse', *Dis Colon Rectum*, vol. 60, no. 11, Nov, pp. 1121-1131.
10. Bordeianou, LG, Carmichael, JC, Paquette, IM, Wexner, S, Hull, TL, Bernstein, M, . . . Steele, SR 2018, 'Consensus Statement of Definitions for Anorectal Physiology Testing and Pelvic Floor Terminology (Revised)', *Dis Colon Rectum*, vol. 61, no. 4, Apr, pp. 421-427.
11. Bowel Cancer Australia 2023, *Information: What is Bowel Cancer*, Bowel Cancer Australia, <<https://www.bowelcanceraustralia.org/what-is-bowel-cancer>>.
12. Cancer Council Australia 2023, *Clinical Practice Guidelines for Surveillance Colonoscopy*, <[https://www.cancer.org.au/cancer-information/types-of-cancer/bowel-cancer](https://wiki.cancer.org.au/australia/Guidelines:Colorectal_cancer/Colonoscopy_surveillance?_gl=1*ze8xnm*_gcl_au*NzAwNDE0NzI0LjE2ODgwMDcwMDE.*_ga*NjQxODQ4ODY4LjE2MTc4MzQ4NzE.*_ga_9CL7Y81H4Z*MTY5NTE5MDY2NS4yNy4xLjE2OTUxOTI0NzcuMC4wLjA.></a>>.</li>
<li>13. Cancer Council Australia 2023, <i>Cancer Information: Bowel Cancer</i>, Cancer Council Australia, <<a href=)>.
14. Central Adelaide Local Health Network (CALHN) 2022, *OUTPATIENT SERVICE DESCRIPTION & TRIAGE GUIDELINES: COLORECTAL*, SA Health, <<https://www.sahealth.sa.gov.au/wps/wcm/connect/d2131fee-e499-4278-9a67-0aeb6fd50078/CALHN+Colorectal+service+information+triage+referral+guidelines+20190302.pdf?MOD=AJPERES&CACHEID=ROOTWORKSPACE-d2131fee-e499-4278-9a67-0aeb6fd50078-nwKRI6S>>.
15. Central Adelaide Local Health Network (CALHN) 2023, *CALHN PreHab: Getting Ready for Surgery*, viewed March, <<https://www.calhn-prehab.sa.gov.au/>>.
16. Cohen, A, C.L.H., H & C.R.G., C 2005, 'The Surgical Management of Haemorrhoids – A Review', *Digestive Surgery*, pp. 26-33.
17. Cohen, A, C.L.H., H & C.R.G., C 2005, 'The Surgical Management of Haemorrhoids – A Review', *Digestive Surgery*, pp. 26-33.
18. Colorectal Surgical Society of Australia and New Zealand (CSSANZ) 2023, *Patients and Public Condition Information*, <<https://www.cssanz.org/Web/Web/Patients-Public/Condition-Information.aspx?hkey=47800e2e-eb7f-4679-ac8f-563b624642c0>>.
19. Continence Foundation of Australia 2023, *Types of Incontinence: Faecal Incontinence*, Continence Foundation of Australia, <<https://www.continence.org.au/types-incontinence/faecal-incontinence>>.
20. Crohn's and Colitis Australia 2023, *Support: Helplines*, Crohn's and Colitis Australia, <<https://crohnsandcolitis.org.au/support/ibd-telephone-helplines/>>.
21. Danson Yeo, K-YT 2014, 'Haemorrhoidectomy - making sense of the surgical options', *World Journal Gastroenterology*, vol. 20, pp. 1-9.
22. Danson Yeo, K-YT 2014, 'Haemorrhoidectomy - making sense of the surgical options', *World Journal Gastroenterology*, vol. 20, pp. 1-9.
23. Davids, JS, Hawkins, AT, Bhama, AR, Feinberg, AE, Grieco, MJ, Lightner, AL, . . . Paquette, IM 2023, 'The American Society of Colon and Rectal Surgeons Clinical Practice

# Colorectal (adult) CPC

## Evidence Statement



- Guidelines for the Management of Anal Fissures', *Dis Colon Rectum*, vol. 66, no. 2, Feb 1, pp. 190-199.
24. DermNet 2021, *Itchy anus*, DermNet,, <<https://dermnetnz.org/topics/itchy-anus>>.
  25. Evans, DG, Fiona, L, Neil, AJR, Naomi, B, Kate, G, Emma, RW, . . . Emma, JC 2022, 'Advances in genetic technologies result in improved diagnosis of mismatch repair deficiency in colorectal and endometrial cancers', *Journal of Medical Genetics*, vol. 59, no. 4, p. 328.
  26. Gaertner, WB, Burgess, PL, Davids, JS, Lightner, AL, Shogan, BD, Sun, MY, . . . Feingold, DL 2022, 'The American Society of Colon and Rectal Surgeons Clinical Practice Guidelines for the Management of Anorectal Abscess, Fistula-in-Ano, and Rectovaginal Fistula', *Dis Colon Rectum*, vol. 65, no. 8, Aug 1, pp. 964-985.
  27. Gastroenterological Society of Australia (GESA) 2022, *Patient Resources*, viewed 21 November 2022, <<https://www.gesa.org.au/education/patient-resources/>>.
  28. Gastroenterological Society of Australia (GESA) 2022, *GESA - Clinical Practice Resources*, Gastroenterological Society of Australia (GESA), <<https://www.gesa.org.au/education/clinical-information/>>.
  29. Hall, J, Hardiman, K, Lee, S, Lightner, A, Stocchi, L, Paquette, IM, . . . Feingold, DL 2020, 'The American Society of Colon and Rectal Surgeons Clinical Practice Guidelines for the Treatment of Left-Sided Colonic Diverticulitis', *Dis Colon Rectum*, vol. 63, no. 6, Jun, pp. 728-747.
  30. HealthPathways SA 2015, 'Bowel Cancer Screening'.
  31. HealthPathways SA 2015, *Colorectal Symptoms*, Queensland Health, viewed 04/03/2015,
  32. HealthPathways SA 2022, *Colorectal Symptoms - Rectal Bleeding*, viewed 24/05/2022, <<https://southaustralia.communityhealthpathways.org/13014.htm>>.
  33. Ileostomy Association of South Australia Inc 2023, *Patient Support and Information*, Ileostomy Association of South Australia Inc, <<https://ileosa.org.au/>>.
  34. Jean Hailes for Women's Health 2023, *Health Topics: Bowel Incontinence*, Jean Hailes for Women's Health, <<https://www.jeanhailes.org.au/health-a-z/bladder-bowel/bowel-incontinence>>.
  35. National Health and Medical Research Council (NHMRC) 2017, *Clinical practice guidelines for the prevention, early detection, and management of colorectal cancer*, NHMRC, Cancer Council Australia, <[https://wiki.cancer.org.au/australia/Guidelines:Colorectal\\_cancer#\\_ga=2.57284268.76793421.1653357484-641848868.1617834871](https://wiki.cancer.org.au/australia/Guidelines:Colorectal_cancer#_ga=2.57284268.76793421.1653357484-641848868.1617834871)>.
  36. National Institute for Health and Care Excellence (NICE) 2007, *Faecal Incontinence in Adults: Management - Clinical Guideline [CG49]*, National Health Service (NHS), <<https://www.nice.org.uk/guidance/CG49>>.
  37. Northern Adelaide Local Health Network (NALHN) 2022, *OUTPATIENT SERVICE DESCRIPTION & TRIAGE GUIDELINES: COLORECTAL*, SA Health, <<https://www.sahealth.sa.gov.au/wps/wcm/connect/58795b80490037e3b88feff0e3d7ae4ad/Colorectal+Guidelines+8+April+2019.pdf?MOD=AJPERES&CACHEID=ROOTWORKSPACE-CE-58795b80490037e3b88feff0e3d7ae4ad-nzKsxhv>>.
  38. Olona, C, Vicente, V, Goncalves, C & A, J 2010, 'Grade 3 haemorrhoidal treatment: rubber band ligation or haemorrhoidectomy – a prospective study', *Ambulatory Surgery*, vol. October, pp. 56-61.



# Colorectal (adult) CPC

## Evidence Statement



39. Olona, C, Vicente, V, Goncalves, C & A, J 2010, 'Grade 3 haemorrhoidal treatment: rubber band ligation or haemorrhoidectomy – a prospective study', *Ambulatory Surgery*, vol. October, pp. 56-61.
40. Ostomy Association of SA 2023, *Patient Support and Information*, <<https://ostomysa.org.au/>>.
41. Paquette, IM, Varma, MG, Kaiser, AM, Steele, SR & Rafferty, JF 2015, 'The American Society of Colon and Rectal Surgeons' Clinical Practice Guideline for the Treatment of Fecal Incontinence', *Dis Colon Rectum*, vol. 58, no. 7, Jul, pp. 623-636.
42. Queensland Health 2021, *Clinical Prioritisation Criteria - Rectal bleeding (adult)*, viewed 04/05/2021, <<https://cpc.health.qld.gov.au/Condition/81/rectal-bleeding>>.
43. Royal Australian and New Zealand College of General Practitioners (RACGP) 2003, *Clinical Practice: Procedures in Practice: Haemorrhoids– a review*, RACGP, <<https://www.racgp.org.au/getattachment/fa5c56aa-a0c7-41fe-ae83-37daa2a1ab4a/attachment.aspx>>.
44. Royal Australian College of General Practitioners 2012, 'Anorectal pain, bleeding and lumps', *Australian Journal for General Practitioners*, vol. 39, 10/15, pp. 376-381.
45. Royal Australian College of General Practitioners 2015, 'Pelvic organ prolapse – a review', *Australian Journal for General Practitioners*, vol. 44, 06/25, pp. 446-452.
46. Royal Australian College of General Practitioners 2015, 'Paediatric surgery for the busy GP – Getting the referral right', *Australian Journal for General Practitioners*, vol. 44, 11/24, pp. 890-894.
47. Royal Australian College of General Practitioners 2022, *Summer Planning Toolkit Module 2: Caring for Vulnerable*
48. *Populations*, RACGP, <<https://www.racgp.org.au/running-a-practice/practice-resources/practice-tools/summer-planning-toolkit/summer-planning-toolkit-modules/module-2/caring-for-vulnerable-populations>>.
49. Southern Adelaide Local Health Network (SALHN) 2022, *OUTPATIENT SERVICE DESCRIPTION & TRIAGE GUIDELINES: COLORECTAL SURGERY (adult)*, SA Health, <<https://www.sahealth.sa.gov.au/wps/wcm/connect/b045ec804a9bf4248b1fef8cd882fa1d/Outpatient+Service+Description+and+Triage+Guidelines+Colorectal+Surgery+SALHN.pdf?MOD=AJPERES&CACHEID=ROOTWORKSPACE-b045ec804a9bf4248b1fef8cd882fa1d-nzLgDZB>>.
50. Sun, Z & Migaly, J 2016, 'Review of Haemorrhoid Disease: Presentation and Management', *Clin Colon Rectal Surg*, vol. 29, no. 1, Mar, pp. 22-29.
51. The Austin - Victoria Health 2012, *Colorectal Referral Guidelines*,
52. Therapeutic Guidelines 2023, *Functional Constipation in Adults*, Therapeutic Guidelines, <[https://tgldcdp.tg.org.au/viewTopic?etgAccess=true&guidelinePage=Gastrointestinal&topcfile=c\\_GIG\\_Gastro-oesophageal-reflux-in-adultstopic\\_1&guidelinename=auto&sectionId=r\\_GIG\\_Functional-constipation-in-adultstopic\\_11#r\\_GIG\\_Functional-constipation-in-adultstopic\\_11](https://tgldcdp.tg.org.au/viewTopic?etgAccess=true&guidelinePage=Gastrointestinal&topcfile=c_GIG_Gastro-oesophageal-reflux-in-adultstopic_1&guidelinename=auto&sectionId=r_GIG_Functional-constipation-in-adultstopic_11#r_GIG_Functional-constipation-in-adultstopic_11)>.
53. Therapeutic Guidelines 2023, *Anorectal abscess and fistula*, Therapeutic Guidelines, <[https://tgldcdp.tg.org.au/viewTopic?etgAccess=true&guidelinePage=Gastrointestinal&topcfile=c\\_GIG\\_Gastro-oesophageal-reflux-in-adultstopic\\_1&guidelinename=auto&sectionId=c\\_GIG\\_Anorectal-abscess-and-fistulatopic\\_2#c\\_GIG\\_Anorectal-abscess-and-fistulatopic\\_2](https://tgldcdp.tg.org.au/viewTopic?etgAccess=true&guidelinePage=Gastrointestinal&topcfile=c_GIG_Gastro-oesophageal-reflux-in-adultstopic_1&guidelinename=auto&sectionId=c_GIG_Anorectal-abscess-and-fistulatopic_2#c_GIG_Anorectal-abscess-and-fistulatopic_2)>.