

1300 13 1340

Alcohol and Drug Information Service

A confidential telephone counselling,
information and referral service

8.30am to 10pm every day.



Government
of South Australia

SA Health



Are you:

- > Worried about your own alcohol or other drug use?
- > Concerned about a friend or relative's alcohol or other drug use?
- > Worried that your teenager may be using drugs?
- > Uncertain about services in your area?
- > Wanting more information?
- > Needing to talk to someone about drugs or alcohol?

The service offers:

- > First point of contact for referral if you require ongoing assistance, or are unsure about where or how to access drug and alcohol treatment services.
- > Counselling and professional assistance to help you deal with and understand your own or another person's alcohol or other drug problem.
- > Information, publications and resources on alcohol and other drugs.

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www.sahealth.sa.gov.au/dassa