

Fact sheet

Royal Adelaide Hospital

Spinal Outpatient Services Clinical Information Sheet

Clinical Condition	Spinal disorder with suspected inflammatory component
Eligibility	Spinal Pain +/- peripheral joint/limb symptoms with systemic inflammatory disorder suggested by symptoms and/or CBE, ESR, CRP
Pre-referral management	<ul style="list-style-type: none">Investigate for inflammatory disorder by CBE, ESR, CRPConsider spinal investigation (MRI)Analgesia/NSAID recommendation/prescription as appropriate
Priority	<u>URGENT/SEMI-URGENT</u> Mon-Fri, 9-5: must be discussed with the rheumatology registrar on call on (08) 7074 0000 to obtain appropriate prioritisation and then a referral letter faxed to (08) 7074 6247. After hours: contact the medical registrar on call via RAH switchboard (08) 7074 0000
Investigations required with referral	Include copies of all relevant investigation findings (as suggested in pre-referral management above) with referral
Discharge Criteria/information	Discharge once condition stabilised or resolved and/or no long term disease-modifying/immunosuppressive therapy is required
Fact sheets	Refer to www.sahealth.sa.gov.au/lumbardisorders

For more information:
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www.sahealth.gov.au