



# Pulmonary Rehabilitation Program Guidelines

Patients referred into the Pulmonary Rehabilitation program will be triaged and enrolled based on their eligibility.

## Eligibility Criteria

Include patients who:

- Have Chronic Obstructive Pulmonary Disease (COPD) or other respiratory conditions
- Are recovering from an acute exacerbation of their respiratory condition
- Are willing to participate in group exercise and education classes (even if they are current smokers)

Exclude patients who:

- Do not have a diagnosis of respiratory disease
- Musculoskeletal or neurological disorders that prevent exercise. These patients may be considered for a modified program subject to availability.
- Have acute unstable respiratory illness
- Severe cognitive impairment or psychotic disturbance
- Breathing difficulties despite normal lung function
- Unable to meet attendance requirements.

## Transport Eligibility Criteria

Include patients who:

- Are immobile and are unable to use an access cab, Medi-ride, Red Cross or other transport company

AND

- Are unable to catch public transport due to a disability

AND

- Have an up to date Medicare card (this is mandatory)

OR

- Have a DVA card (eligible for DVA transport).

## Pulmonary Rehabilitation Program Triaging

Patients are triaged by the Pulmonary Rehabilitation Team

### Category/Priority I

(Offered a place in next available program)

- Moderate to severe COPD after recent exacerbation
- Post-lobectomy/pneumonectomy
- Lung transplant recipients/wait list

### Category/Priority II

- COPD
- Interstitial Lung Disease
- Pulmonary Arterial Hypertension

### Category/Priority III

- Anyone from Category II with history of failing to attend
- Attended Pulmonary Rehab in the last 18 months.

## For more information

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