

Colorectal

Outpatient service information, triage and referral guidelines

Description of service:

The objective of patients visiting colorectal surgical outpatients is for the assessment of conditions of the colon rectum and anus.

Services provided:

- > General Colorectal
- > Specialised rectal bleeding
- > Specialised clinic faecal incontinence

Exclusions

- > Referrals for cosmetic or dermatological anal conditions
- > Longstanding symptoms such as chronic abdominal pain (especially when previously investigated)
- > Referrals for chronic constipation or chronic diarrhoea suggestive of irritable bowel syndrome

For admission or **URGENT** advice contact the Colorectal Registrar

Royal Adelaide Hospital (RAH) Ph: (08) 7074 0000
 The Queen Elizabeth Hospital (TQEH) Ph: (08) 8222 6000

Alternatively, if the problem is urgent and the patient is unstable, the patient should be sent directly to the Emergency Department of the nearest hospital for assessment.

For more information or to make a referral contact

Royal Adelaide Hospital (RAH) Fax: (08) 7074 6247 Ph: 1300 153 853
 The Queen Elizabeth Hospital (TQEH) Fax: (08) 8222 6233 Ph: 8222 7020 / 8222 7030

Essential Referral Content

Demographic

- > Date of birth
- > Contact details (including mobile phone)
- > Referring GP details
- > Interpreter requirements
- > Medicare number

Clinical

- > Reason for referral
- > Duration of symptoms
- > Relevant pathology and imaging reports
- > Past medical history
- > Current medications

Adult Triage Criteria for referral			
Emergency All urgent cases must be discussed with the on call surgical registrar.	Category 1 Target within 4 weeks	Category 2 Target within 3 months	Category 3 Target 6-12 months
<ul style="list-style-type: none"> > Acute abdomen / peritonitis > Bowel obstruction. > Severe perianal sepsis > Massive PR bleed 	<ul style="list-style-type: none"> > Diagnosed colorectal or anal malignancy or highly suspicious symptoms > Complicated diverticular disease (imaging proven) > Acute inflammatory bowel disease 	<ul style="list-style-type: none"> > Positive FOB test > PR bleeding > Inflammatory bowel disease not controlled by medical therapy > Uncomplicated diverticulitis > Anal fistula 	<ul style="list-style-type: none"> > Rectal prolapse > Faecal incontinence > Uncomplicated haemorrhoidal presentations > Pilonidal disease > Anal tags > Anal warts

The above list is a guide and not exhaustive. Categorisation may vary depending on the information in the referral.

For more information or to make a referral

Royal Adelaide Hospital: OPD Level 3
Referral Fax Number: (08) 7074 6247
Phone Number: 1300 153 853

The Queen Elizabeth Hospital: Ground floor, area 1
Referral Fax Number: (08) 8222 7244
Phone Number: (08) 8222 7010

Web: www.sahealth.gov.au

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