

OUTPATIENT GP REFERRAL GUIDELINES MEDICAL ONCOLOGY Southern Adelaide Local Health Network (SALHN)

Confirmed Malignancy

PROSTATE CANCER

- Locally advanced prostate cancer
- Metastatic disease
- Recurrence

Information Required

- Presence of Red Flags
- Detailed history of presenting signs and symptoms
- Past medical history and current medications, allergies
- All prior relevant investigations and imaging (and provider's) including:
 - Previous histology or Gleason scores if known
 - Previous radiotherapy treatment
 - Previous androgen deprivation therapies

Investigations Required

- Bloods: CBE/EUC/LFT, androgen levels, PSA on 2 or more interval specimens
- Whole body bone scan
- CT staging chest, abdomen and pelvis

*NOTE: Appropriate clinical data would facilitate prompt appointment scheduling

Fax Referrals to

Flinders Cancer Clinic
 Fax: (08) 8404 2152

Red Flags

Present to **Emergency Department**

Febrile I

Febrile Neutropenia

Very high calcium (>3.0 mmol/L)

SVC obstruction

Spinal cord compression

Suggested GP Management

- If screen detected abnormal PSA or digital rectal examination, referral to Urology Clinic.
- Majority of referrals for consideration of chemotherapy or hormone manipulation come from treating Urologist in high risk patients (e.g. locoregional progressive disease, castration-resistant, overt metastatic disease) however GPs can refer
- Patient's previously treated for prostate cancer with suspicion of recurrence (presence of tumour related symptoms or metastasis refer following preliminary investigations (– *Investigations Required* above)

Clinical Resources

- National Health and Medical Research Council. (NHMRC) PSA testing for Prostate Cancer in Asymptomatic Men. Information for Health Professionals. 2014.
 - https://www.nhmrc.gov.au/ files nhmrc/publ ications/attachments/men4d psa testing asy mptomatic men 140304.pdf
- Cancer Council Australia. Prostate Cancer Clinical Practice Guidelines.
 - http://www.cancer.org.au/healthprofessionals/clinical-guidelines/prostatecancer.html

General Information to assist with referrals and the and Referral templates for FMC and RGH are available to download from the SALHN Outpatient Services website www.sahealth.sa.gov.au/SALHNoutpatients

Version	Date from	Date to	Amendment	Government of South Australi
1.0	Sept 2014	Sept 2016	Original	SA Health