



# OUTPATIENT REFERRAL GUIDELINES

## Heart Failure with Reduced Ejection Fraction Clinic

### Southern Adelaide Local Health Network (SALHN)

#### Service Overview

- This outpatient clinic provides rapid assessment for outpatients with newly diagnosed Heart Failure with reduced Ejection Fraction (HFrEF).
- Referrals will be accepted from General Practitioners (GP) or other physicians, by way of the HFrEF referral form.
- The clinic will liaise with a patient's referring GP / physician following initial consultation.

#### Inclusion Criteria

- New diagnosis of heart failure
- Ejection fraction  $\leq$  40%

#### Exclusion Criteria

- Patient known to a Cardiologist (i.e. has seen another Cardiologist in Adelaide within the last two years as an outpatient [private or public]). These patients should be referred back to their existing Cardiologist
- Age >80
- Requiring residential care (nursing home)
- Cognitive degenerative disease (i.e. dementing illness)
- Life expectancy <1 year due to non-cardiac illness or known to palliative care
- End stage renal failure (dialysis)
- End stage chronic lung disease (O<sub>2</sub> dependent)

#### Investigations Required *(please provide results with referral)*

##### In the past 12 months:

- Echocardiogram
- Electrocardiogram
- Chest X-Ray
- Blood work (CBP, ECU, NT proBNP, TFT, LFT)
- Medications list (generic named drugs and dosages)

#### Fax referrals to:

**Assoc. Prof. Carmine De Pasquale / Dr James Gunton / Assoc. Prof. Rob Minson:**

Flinders Cardiac Clinic Fax (08) 8177 1589

**Dr Christine Burdeniuk:** Noarlunga GP Plus Cardiac Clinic Fax (08) 8384 9711

*\*This service provides access for patients with specific characteristics. None of the inclusion or exclusion criteria above preclude cardiology service access. Referrals can be made by traditional pathways for any patient, at any time.*

#### Clinical Resources

- Heart Foundation, Heart Failure – the Facts and patient information <https://www.heartfoundation.org.au/your-heart/heart-conditions/heart-failure-the-facts>

General Information to assist with referrals and the and Referral templates for FMC are available to download from the SALHN Specialist and Outpatient clinics website [www.sahealth.sa.gov.au/SALHNoutpatients](http://www.sahealth.sa.gov.au/SALHNoutpatients)

Version	Date from	Date to	Amendment
1.0	September 2019	September 2021	Original

