



BPD Collaborative presents Good Psychiatric Management for BPD 2025

To register
please follow the below link:
[https://www.eventbrite.com/
cc/bpd-co-gpm-training-
2925549](https://www.eventbrite.com/cc/bpd-co-gpm-training-2925549)
or
visit our website:
[www.sahealth.sa.gov.au/
BPDCo](http://www.sahealth.sa.gov.au/BPDCo)

GOOD PSYCHIATRIC MANAGEMENT (GPM) FOR BPD

This 1 day course offers training in an evidence based treatment
for BPD: Good Psychiatric Management (GPM)

Mar

7

TIME: 8.45am - 5.00pm

VENUE: Glenside Admin & Learning Service Building

PRICE: \$150 per person | SA Health Staff: \$60 per person

This one-day course offers training in an empirically validated treatment approach to BPD known as Good or General Psychiatric Management (GPM). Trainers are formally endorsed by the Gunderson Personality Disorder Institute. This workshop is for multi-disciplinary mental health clinicians working with people with BPD. This generalist approach provides mental health professionals with guidelines they need to become skilled providers who can derive satisfaction from treating people with BPD.

Upon completion of this workshop, participants will be able to:

- Explain the diagnosis to consumers and their families and establish reasonable expectations for change (psychoeducation).
 - Manage the problem of recurrent suicidality and self-harm.
 - Expedite alliance-building.
- Identify when to prioritise BPD treatment and when to defer until a comorbid disorder is resolved.

GOOD PSYCHIATRIC MANAGEMENT FOR ADOLESCENTS (GPM-A)

This 1 day course offers training in an evidence based treatment for
BPD: Good Psychiatric Management for Adolescents (GPM-A)

May

16

TIME: 8.45am - 5.00pm

VENUE: Glenside Admin & Learning Service Building

PRICE: \$150 per person | SA Health Staff: \$60 per person

This one-day course offers training in an empirically validated treatment approach to BPD known as Good or General Psychiatric Management for Adolescents. Trainers are formally endorsed by the Gunderson Personality Disorder Institute. This generalist approach provides mental health clinicians a framework and guidelines they need to become skilled clinicians who are effective in supporting young people with BPD.

Upon completion of this workshop, participants will be able to:

- Explain the diagnosis to consumers and their families and establish reasonable expectations for change (psychoeducation).
 - Have a framework for managing recurrent suicidality and self-harm.
 - Expedite alliance-building.
- Be familiar with the guidelines for engaging families and other treaters.
- Identify when to prioritise BPD treatment and when to defer until a comorbid disorder is resolved.