

OUTPATIENT GP REFERRAL GUIDELINES RESPIRATORY and SLEEP SERVICES Southern Adelaide Local Health Network (SALHN)

Lung Cancer

A lung Cancer rapid access clinic is based at Flinders Medical Centre, Level 2 Outpatients Clinic B. The aim of the clinic is to provide GP's one referral pathway for patients with suspected Lung Cancer. If the patient is suspected of Lung Cancer an urgent referral to Flinders Medical Centre is recommended.

Information Required

- History of presenting signs and symptoms
- Past medical history including current medications and allergies
- All prior relevant investigations and imaging
- Relevant psychology history
- Up to date patient contacts

Investigations Required

- Chest X-ray
- CT Scan – chest
- Full Blood examination FBE, MBA 20, INR

Fax Referrals to Lung Cancer Rapid Access Clinic

- Lung Cancer Rapid Access Clinic. Flinders Medical Centre **Fax: 8204 6105 (Dr A. Rose, . Dougherty, J.D'Costa)**

For Phone Enquiries contact Lung Cancer Rapid Access Clinic

Ph: 8204 5193

Red Flags – features suggestive of lung cancer

- ☞ Haemoptysis
- ☞ Un-explained pneumonia
- ☞ Persistent hoarse voice
- ☞ Suspicious radiological lesion
- ☞ Non-resolving pneumonia
- ☞ Persistent cervical/supraclavicular lymphadenopathy

Suggested GP Management

- Recognition of signs and symptoms of lung cancer
 - Chest X-ray
 - If suspicious-clinical review
 - CT-scan abnormal;
 - Refer to the Lung Cancer Rapid Access Clinic
- **Post Treatment Protocol**
 - Follow up care required will vary according to the intent of the initial treatment
 - **Curative intent**
 - Initial follow up with the treating specialist within 6 weeks post treatment is recommended
 - 3-6 monthly comprehensive assessment
 - Consider CT-chest or Chest X-ray every 3-6 months for the first year
 - Yearly reviews for five years by the specialist
 - Long term follow up after five years by the GP in collaboration with the patient
 - Immunisation schedules such as annual flu vaccinations
 - **Palliative Treatment** monitor disease progression and provide symptom control

Clinical Resources

- [Investigating Symptoms of Lung Cancer: A guide for GPs](#)

Patient Resources

- [Lung Cancer Understanding. Managing, Living DVD](#)
- [The Cancer Council SA. Understanding lung cancer; A guide for patients and their families and friends](#)

General Information to assist with referrals and the Referral templates for FMC and Noarlunga GP Plus are available to download from the SALHN Outpatient Services website www.sahealth.sa.gov.au/SALHNoutpatients.

Version	Date from	Date to	Amendment
2.0	August 2017	August 2019	Original