



# Withdrawal Plan for clients and carers

Patient identification label.  
Affix here.

*This form is to be used when planning an outpatient/ambulatory withdrawal in general practice.*

**Patient Name** .....DOB ...../...../..... contact number .....

Carer/support person ..... contact number .....

### Clinic Contact numbers:

Clinic (in hours)      Days and times .....

Phone number .....

After hours .....

### Medication details

Storage arrangements

Medications – what are they for?

Medication Administration (day/time/dose)

### Signs of withdrawal and how to respond.

What to look out for

If the patient develops (add to list depending on regime):

- Seizures
- Very sedated/Loss of consciousness (should be able to easily wake the person, and they should be able to stay awake during a conversation)

- Obvious confusion, agitation

.....call 000 for ambulance attendance.

## Withdrawal Plan for patients and carers

page 2

If the patient :

- Is possibly becoming confused
- Is starting to Hallucinate (seeing/hearing/feeling/smelling things that are not actually there)
- Has shakes or agitation not responding to the medications provided.

Clinic (in hours) Days and times .....

Phone number .....

After hours .....

## Review arrangements (appointments, day, time etc)

Attend clinic (insert times) .....

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I .....agree to participate in a home based withdrawal program.

I have received information regarding symptoms I may experience and ways of managing them, what constitutes a medical emergency and emergency contact phone numbers.

I understand that treatment for withdrawal may not continue if :

- I go back to drinking or consuming drugs from which I am withdrawing
- I use non-prescribed medication or drugs
- I miss agreed-to reviews

I understand that I will be referred to an inpatient withdrawal service or a hospital should withdrawal symptoms or other medical conditions become too severe to be safely managed at home.

Signed .....

Date ...../...../.....

OFFICIAL

*Developed by DASSA for GP use when arranging home based withdrawal with patients and their carers*