

In the past month, have any of the following happened to you *in relation to your psychostimulant use?*



- |  |                          |
|--|--------------------------|
| Slept too little?                      | <input type="checkbox"/> |
| Had irregular eating habits?           | <input type="checkbox"/> |
| Been picking at your skin?             | <input type="checkbox"/> |
| Had an argument with someone?          | <input type="checkbox"/> |
| Felt irritable, moody or bad-tempered? | <input type="checkbox"/> |
| Missed work or school/course?          | <input type="checkbox"/> |
| Been questioned by police?             | <input type="checkbox"/> |
| Been suspicious or paranoid?           | <input type="checkbox"/> |
| Felt depressed?                        | <input type="checkbox"/> |
| Drove under the influence of the drug? | <input type="checkbox"/> |
| Noticed an increase in urges to use?   | <input type="checkbox"/> |

If you answered YES to any of these, consider contacting

# THE ALCOHOL AND DRUG INFORMATION SERVICE (ADIS)

# 1300 13 1340

(8.30am - 10pm every day)

For phone counselling and  
information about treatment  
services in South Australia



**Government  
of South Australia**

SA Health

