STATEMENT ON THE RIGHTS AND FREEDOMS OF OLDER SOUTH AUSTRALIANS

Dignity, respect and self- determination	 Older people have the right to be treated with dignity and humanity and to be free to exercise personal self-determination. Older people have the right to freedom of movement and to choose where they live. Older people have the right to live autonomous and self-determined lives, to take risks and be supported to make their own decisions/choices. These rights shall only be restricted in accordance with law.
Liberty and security	5. Older people have the right to be free from torture or other forms of cruel, inhumane, or degrading treatment.6. Older people have the right to liberty and security and to be free from exploitation and physical, social, psychological, financial, chemical, and sexual abuse. No person shall be deprived of their liberty, except in accordance with the law.
Equality and non- discrimination	 Older people have the right to exercise their rights free from all forms of discrimination, whether on the basis of age, disability, sex, gender identity, colour, sexual orientation, location, religion, political opinion, educational qualification, national origin, culture or ethnicity. Older people have the right to be treated equally before the law.
Standards of living and care	 Older people have the right to food and water to nurture them nutritionally and emotionally, adequate clothing and shelter, adequate means and resources, to enjoy the highest attainable standards of physical and mental health and wellbeing, and the right to a dignified death. Older people have the right to make their own decisions about their health care and end of life, including in advance, and for this to be respected.
Privacy and family	 Older people have the right to have their family of choice respected and be free from arbitrary or unlawful interference with their privacy, family, home or communications. Older people have the right to a family life and to have valued relationships within their family unit, including connections with pets and companion animals, respected by others, including government agencies and officials.
Social and economic participation	 13. Older people have the right to freely associate with others and to participate fully in the social, economic, and cultural life of their community. 14. Older Aboriginal and Torres Strait Islander people have the right, with other members of their community, to maintain and use their language, their kinship ties and connection to land and culture.
Freedom of thought, conscience, spirituality, religion, and expression	 15. Older people have the right to exercise freedom of thought, conscience, culture, spirituality and religion. 16. Older people have the right to freedom of opinion and expression, to seek, receive and share information and ideas, and to lifelong learning. 17. Older people have the right to seek, and be provided with, personal information about them held by government agencies or officials.

For more information

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