

# OUTPATIENT GP REFERRAL GUIDELINES MEDICAL ONCOLOGY

## **Southern Adelaide Local Health Network (SALHN)**

## Confirmed Malignancy BREAST CANCER

- Adjuvant/Post surgery
- Metastatic disease
- Recurrence
- Locally advanced pre-surgery (referred by surgeon)

#### **Information Required**

- Presence of Red Flags
- Detailed history of presenting signs and symptoms
- Past medical history and current medications, allergies
- All prior relevant investigations and imaging (and provider)

\*NOTE: Appropriate clinical data would facilitate prompt appointment scheduling

### **Investigations Required**

- Mammogram +/- breast US
- Bloods, CBE/EUC/LFT, Coags
- CXR
- WBBS
- Echo (optional)
- CT chest, abdo, pelvis (if suspected recurrence or metastatic)

#### **Fax Referrals to**

Flinders Cancer Clinic
 Fax: (08) 8404 2152

#### **Red Flags**

#### Present to **Emergency Department**

Febrile Neutropenia

Very high calcium (>3.0 mmol/L)

**SVC** obstruction

Spinal cord compression

## **Suggested GP Management**

- If self detected or mammogram detected breast lump: referral to Breast & Endocrine Surgeons is required.
- Majority of referrals for consideration for adjuvant chemotherapy post lumpectomy/mastectomy come from treating surgeons however, GP can refer if required.
- Patients previously treated for breast cancer with suspected recurrence may be referred following preliminary investigations (refer to *Investigations Required* above)

## **Clinical Resources**

 NHMRC. National Breast Cancer Centre.
 Clinical Practice Guidelines. Management of early breast cancer. 2001.

http://canceraustralia.gov.au/sites/default/files/publications/cpg-clinical-practiceguidelines-management-early-breast-cancer 504af03111a52.pdf

General Information to assist with referrals and the and Referral templates for FMC and RGH are available to download from the SALHN Outpatient Services website <a href="https://www.sahealth.sa.gov.au/SALHNoutpatients">www.sahealth.sa.gov.au/SALHNoutpatients</a>

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