

Public Health Services

## Port Pirie lead-smart gardening practices





WASH ALL produce before eating



PEEL fruit and vegetables



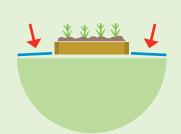
REMOVE and discard outer leaves



USE raised garden beds with CLEAN soil



ADD organic matter



COVER bare soil



DON'T grow and eat leafy vegetables

## DO:

- > Wash ALL produce before eating
- > Peel fruit and vegetables
- > Remove and discard outer leaves of produce
- > Use raised garden beds with clean soil
- > Add organic compost matter that is not locally grown
- > Cover bare soil
- > Choose produce that has been grown outside of Port Pirie for a healthy balanced diet if you are pregnant or feeding young children

## DON'T

- > Grow and eat leafy vegetables
- > Grow produce around the drip line of home
- > Use rainwater on vegetables



www.ausgoal.gov.au/creative-commons



DON'T grow produce around drip line of house



USE mains water