

To all our northern GP partners and colleagues,

Welcome to Northern GP News! This is the first GP specific newsletter produced by the Northern Adelaide Local Health Network's GP Integration Unit, to keep you updated with everything you need to know about:

- Current NALHN projects and initiatives;
- Statewide relevant GP information;
- Upcoming education opportunities, and more.

Our commitment:

To only send you occasional emails containing relevant GP information. Newsletters will be sent quarterly, with only important and relevant information shared in between, e.g. for education or paid requests to sit on a committee.

If you are receiving this newsletter as a practice manager or administrative staff, you can [download a PDF version](#) to share with GP's and nursing staff in your practice.

If you would like to sign up to receive NALHN GP News, please click on the link below.

[CLICK HERE TO JOIN OUR MAILING LIST](#)

MEET THE TEAM

NALHN has appointed two new GP Integration Officers, Dr Emily Gibson (pictured right), and Dr Jaiveer Krishnan (pictured far right).

Both are practising GPs within your local northern region and are looking forward to assisting you navigate NALHN's services to get the best outcome for your patients.

If you have feedback or would like to organise a visit from one of our NALHN GP Integration Officers to your practice, please contact us: Health.NALHNGPIntegrationUnit@sa.gov.au



MESSAGE FROM NALHN'S WOMEN'S & CHILDREN'S DIVISIONAL DIRECTOR, DR MARTIN RITOSSA

RE: the importance of completing a practitioner collected sample prior to referral of patients.

Dear colleague,

The federal government is currently advertising self-collected HPV testing to screen for cervical cancer. The current recommendations for a positive HPV 16 -18 are:

"If HPV 16 or 18 are detected – direct referral for colposcopy is recommended. LBC is not required before colposcopy and a sample for LBC will be collected at colposcopy."

Unfortunately, this places women at increased risk as we have no way of triaging women who need to be seen on a more urgent basis.

Given this we ask that all women with a positive HPV self-collected test be recalled for a clinician collected cervical sample prior to referral for colposcopy. That way we can triage women with a high-risk liquid-based cytology for urgent review.

Please also note Women with a positive HPV test (not 16/18) with normal or LSIL liquid based cytology result, who are not Aboriginal and or Torres Straight Islanders, are less than 50 years of age, and were not overdue by their initial test by 2 years or more, do not need to be referred to colposcopy until they have 3 positive annual HPV test results.

Thank you for your assistance.

Dr Martin Ritossa

Divisional Director (Medical), Women and Children's Division
 Northern Adelaide Local Health Network | SA Health



NEW RESOURCES AVAILABLE

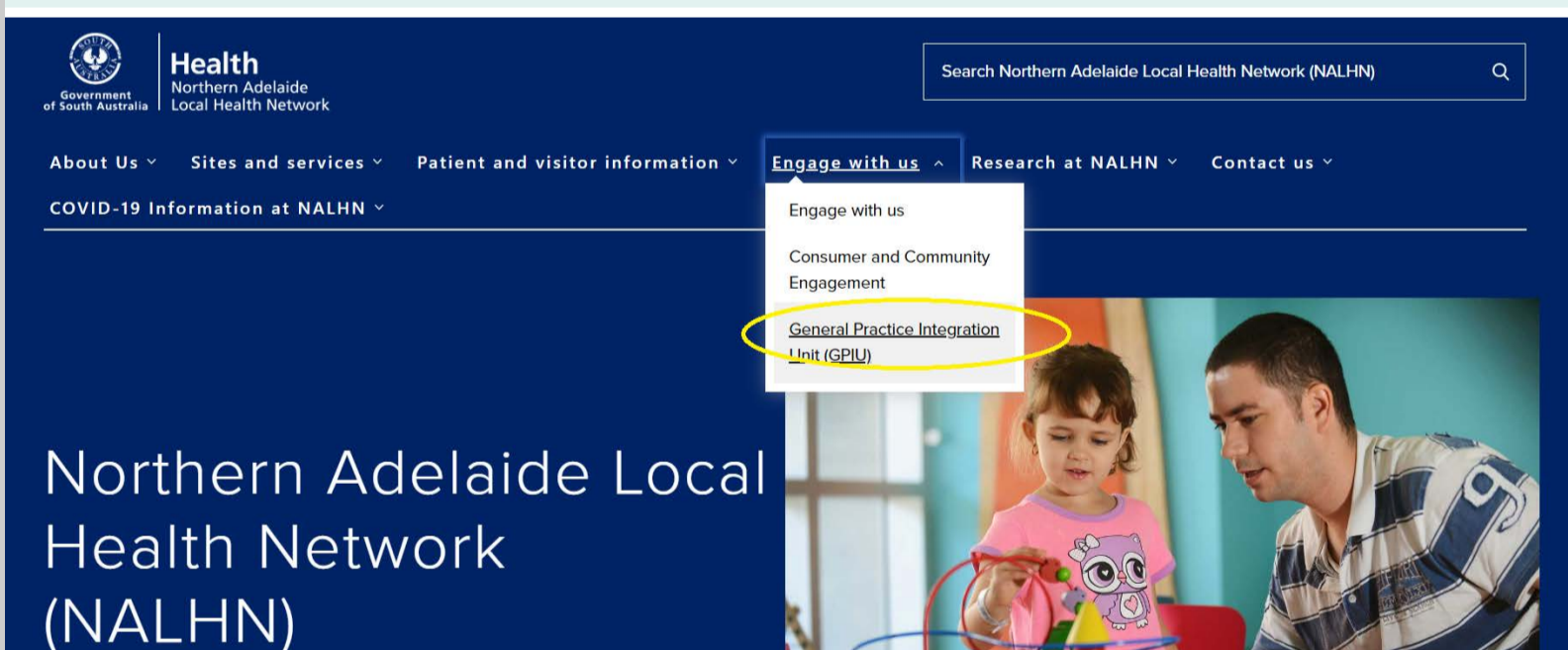
There are many new care options for patients that will negate the need for them to attend our Emergency Departments.

We have recently developed two NALHN specific resources to help you find the right care pathway for your patient so they can avoid coming to hospital:

1. **Phone list** - containing important phone numbers to a range of local services. Download [here](#).
2. **Hospital Avoidance Guide** - outlines the diverse options for patients to help GPs determine which service is most appropriate for which patient. Download [here](#).



Make sure you print these and keep them handy.



WEBSITE UPDATE

Did you know there is a dedicated page on NALHN's website - sahealth.sa.gov.au/nalhnGPIU - with information for our local GPs?

We are currently in the process of reviewing and updating all GP-specific information on this page to ensure you can have quick access to up-to-date information and resources when you need it.

Currently on our website you can find information about:

- NALHN's GP Integration Unit and contact details;
- Hospital avoidance options and resources; and
- Useful contacts and links.

If you have any suggestions on other information you would like to see on the website, please just send us an [email](mailto:Health.NALHNGPIntegrationUnit@sa.gov.au). (Health.NALHNGPIntegrationUnit@sa.gov.au)



My Home Hospital delivers care to patients in the comfort and privacy of their home

My Home Hospital is a SA Health service that delivers hospital-level care for a range of acute conditions that would otherwise require inpatient care and, for which in home care is considered safe and appropriate. It brings the care to the patient in the form of doctors, nurses, allied health practitioners, some x-rays and blood tests, medication and other support services.

How can patients be referred?

Referrals can be made at any time of day or night by [completing the referral form \(PDF 290KB\)](#). Alternatively, between 8:00 am and 10:00 pm, a phone referral can be made by calling **1800 111 644**. Unless urgent, referrals received after 10:00 pm will not be reviewed for suitability for the service until 8:00 am the following day. If an urgent decision is required after 2200, please call **1800 111 644**.

For more information about My Home Hospital, including referral forms and information for patients, visit www.myhomehospital.sa.gov.au



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