

Service Overview

- Specialist only referrals.
- For patients with identified or probable inherited dilated cardiomyopathy (DCM), this Clinic provides the (public) tertiary facility to have expert cardiac genetic advice, Genetic testing and results interpretation.
- Cascade clinical and genetic screening of first degree relatives of confirmed proband (including current and planned offspring).
- Entry into genetics clinic database (with consent).
- Ongoing Cardiology clinical care is **not** provided by this service; this will be in the hands of the referring specialist. (maximum of three clinical visits - the first to assess if genetic testing is of value, and the following to feedback the results and their meaning to the patient, including implications for first degree relatives).
- The clinic will liaise with a patient's referring Physician and General Practitioner following initial consultation.

Inclusion Criteria

A probable diagnosis of:

- DCM or at least clinical suspicion
- Must have at least one other first degree relative (parent, sibling, offspring) with a diagnosis of/suspicion of DCM

Exclusion Criteria

- The patient has already been seen by a SA Clinical Genetics Service (unless justification for referral is provided)

Investigations Required *(please provide results with referral)*

Cardiac assessment including:

- Full medical history, including family history
- Examination
- Non-invasive testing (e.g. ECG, Holter monitor, Echocardiogram, Cardiac MRI)
- Invasive testing where applicable (e.g. unexplained cardiac arrest)

Fax referrals to *(attn. Dr Kathryn Waddell-Smith)*

Flinders Cardiac Clinic Fax (08) 8177 1589

Clinical Resources

- Australian Genetic Heart Disease Registry – Clinical Screening <http://www.heartregistry.org.au/patients-families/testing-for-genetic-heart-disease/clinical-screening/>
- Australian Genetic Heart Disease Registry – Familial Dilated Cardiomyopathy <http://www.heartregistry.org.au/patients-families/genetic-heart-diseases/familial-dilated-cardiomyopathy/>

General Information to assist with referrals and the and Referral templates for FMC are available to download from the SALHN Outpatient Services website www.sahealth.sa.gov.au/SALHNoutpatients

Version	Date from	Date to	Amendment
1.0	12 March 2019	31 December 2020	Original