

Central Adelaide Dermatology Services

Clinical Information Sheet

Clinical Condition	Inflammatory Disease
Eligibility	<ul style="list-style-type: none"> Eczema/Dermatitis. Psoriasis. Drug eruptions
Priority	<p>Eczema/Dermatitis</p> <ul style="list-style-type: none"> Those patients with conditions causing significant distress or interfering with work should be referred to dermatologists – Non Urgent. If extensive skin involvement or if evidence of eczema herpeticum (widespread erosions) – Urgent <p>Psoriasis</p> <ul style="list-style-type: none"> Refer if inadequate response (usually 4-8 weeks) to conventional treatment) – Non Urgent. Refer if severe and widespread, or where there is diagnostic difficulty– Urgent. <p>Drug Eruptions</p> <ul style="list-style-type: none"> Widespread skin involvement with skin and mucosal blistering Lymphadenopathy and fever
Differential Diagnoses	Eczema, psoriasis, tinea corporis, drug eruptions
Information required with referral	<ul style="list-style-type: none"> Any skin biopsy results Any swab /blood results Any allergy test results Comprehensive past medical history List of medications with start dates and any changes of doses <p>All results should be forwarded with referral or copied to the Dermatology units at the RAH/QEH</p>
Investigation required for diagnosis	Skin scrapings and toenail clippings if toe nails clinically affected



<p>Pre-Referral management strategies (include with referral)</p>	<p>Eczema/Dermatitis</p> <ul style="list-style-type: none"> • Regular use of moisturisers and soap free washes • Avoidance of irritants. • Treatment of secondary infection. • Control of inflammation with intermittent courses of moderately potent topical corticosteroids. <p>Psoriasis</p> <ul style="list-style-type: none"> • Trial of tar based preparations, topical corticosteroids, and/or vitamin D3 analogues. <p>Drug eruption</p> <ul style="list-style-type: none"> • Stop culprit/suspected drug immediately <p>Clinical diagnosis unknown</p> <ul style="list-style-type: none"> • General principles of management
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For more information

Dermatology Services

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