

Southern Adelaide Local Health Network

# Youth Rehabilitation Transition Clinic

## Information for the GP

One of your clients has recently attended our Youth Rehabilitation Transition Clinic.

The clinic is designed to cater for young adults transferring from a paediatric to an adult rehabilitation service.

### Objective of the clinic:

The clinic aims to facilitate support and follow up in the Adult Rehabilitation Service and promote a smooth transfer from the paediatric setting by:

- > Introducing the young person to the Adult Rehabilitation Service
- > Improving their ability to navigate the Adult Rehabilitation Service
- > Identifying any rehabilitation needs that are critical for their ongoing care and provide recommendations as required
- > Advocating for any interventions they may require over time to assist in maintaining function and improve quality of life
- > Improving sharing of information between services to ensure a holistic approach to their long term quality care.

As this is a short term clinic designed to ensure all adult services are established appropriately, we are unable to provide ongoing rehabilitation follow up through this transition clinic. The young adults will be linked back to their GP or other relevant adult services for this follow-up as required.

Now that we have assessed your client in this clinic, enclosed with this fact sheet is a letter from the consultant outlining long term recommendations. We hope this clinic allows the young adults to enter the Adult Rehabilitation Service smoothly and promote collaboration between their primary carer and our service.

If you require any information or support regarding your client's rehabilitation needs in the future, please feel free to contact the consultant at any time.

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### For more information

**4<sup>th</sup> Generation Clinics**  
**Rehabilitation and Palliative Care Building**  
**Flinders Medical Centre**  
**Ph: (08) 8404 2269**

Public-11-A1  
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