

OUTPATIENT SERVICE DESCRIPTION & TRIAGE GUIDELINES Palliative Care

Southern Adelaide Local Health Network (SALHN)

Southern Adelaide Palliative Services (SAPS)

Provides services to patient's

- who have a progressive, life limiting illness.
- who are aware of, understand and have agreed to/or their decision maker, a palliative care referral
- where the primary goals are in controlling symptoms, maximise function, maintain quality of life and provide comfort

Services can be provided

• at any stage of disease that they are required including terminal care (patient is in the last few weeks of life)

Palliative Care GP Referral Guidelines and Referral Form

Services provided

- Palliative care assessment and provision of service information. Including information about care at the end of life.
- Symptom assessment and management.
- Psychosocial support for patient and/or carer.
- Coordination of community based services to assist in the support and care of the patient in their home.
- Services can be provided in the outpatient clinic setting or in the patient's home, depending on patient need and mobility.

Services not provided

 Patient must have a an active life limiting illness

For Urgent Referrals or appointments contact SAPS on:

Ph: (08) 84042058 Fax: 8404 2119

Outpatient clinics are available at

• Flinders Medical Centre

Noarlunga GP Plus

Marion GP Plus

Triage Process for Referral

All patients will be contacted by phone within a few days of receipt of referral

Category 1
Target < 1 week
Current < 1 week

Category 2
Target <8 weeks
Current < 6 weeks

- **If considered an urgent referral please contact
 Southern Adelaide Palliative Services (SAPS) directly**
- Uncontrolled symptoms or severe Psychosocial or existential distress are examples of reasons for urgent referral.
- All Referred patients are contacted by SAPS staff within 2 working days. This helps establish the patient's needs, timing and site of review.
- If the referring person thinks a review is required in a short time frame please contact SAPS by telephone to discuss your concerns.

General Information to assist with referrals and the and Referral templates for FMC are available to download from the SALHN Outpatient Services website www.sahealth.sa.gov.au/SALHNoutpatients

Version	Date from	Date to	Amendment
2.0	July 2019	June 2020	Original

