

OFFICIAL OUTPATIENT GP REFERRAL GUIDELINES NEUROSURGERY

Southern Adelaide Local Health Network (SALHN)

Cranial Disorders

- Tumours, Cysts, abscess or blood clots that cause mass effect and midline shift require urgent review and therefore a phone call to the registrar would be appropriate. Such conditions are likely to be associated with headache/nausea/vomiting and alteration of sensorium.
- Vascular ruptured aneurysms/ Arterio-venous malformations (AVM) are an emergency. They classically present
 with thunderclap headache and associated nausea/vomiting/photophobia+/- neurological deficits. Unruptured
 aneurysms do need evaluation to assess need for intervention. AVM could present with seizures, and will require
 assessment sub acutely for type of intervention.

Information Required

- Presence of red flags
- Duration of symptoms
- Document focal Neurology
- Current medication (including anticoagulation)
- Previous relevant history
- Treatment /tests to date

Investigations Required

- CT brain with contrast
- MRI if available
- CTA if considering Aneurysm/AVM
- Blood test: FBE ELU COAGS LFT ESR
- Hormone levels & visual field testing if suspected pituitary tumour
- Audiology testing if acoustic neuroma suspected

Fax Referrals to

Neurosurgery Clinic Fax: 8204 4059

Red Flags

Malignancy elsewhere

Seizure

Neurofibromatosis

Progressive Neurological deficits

Cognitive or behavioral disturbance

Headaches associated with

- Vomiting
- Visual symptoms
- Neurological deficits
- Papilloedema

Suggested GP Management

Discuss the patient with Neurosurgery Registrar on call via FMC switchboard **8204 5511** and the need to consider the following interventions

History & Examination

- Presence and duration of neurological signs & symptoms ie nuchal rigidity
- History of bleeding coagulopathy

Cranial Tumour

- Urgent transfer to FMC
- Seizure prophylaxis
- Steroid commencement (with PPI)
- Analgesia

Vascular

- Urgent transfer to FMC
- Analgesia (with caution)
- CTA

Clinical Resources

- National prescribing service for recommended staging of analgesia http://www.nps.org.au/
- Neurosurgical Society of Australasia www.nsa.org.au

Patient Information

www.neurosurgery.com.au

General Information to assist with referrals and the and Referral templates for FMC and RGH are available to download from the SALHN Outpatient Services website www.sahealth.sa.gov.au/SALHNoutpatients

Version	Date from	Date to	Amendment
1	Oct 2014	Oct 2016	

