

Welcome to the first edition of our GP newsletter for 2024! Thanks to all GPs and Practice Managers who subscribed last year and for all your feedback so far. If you are yet to subscribe, please sign up [here](#).

GP EDUCATION DAY IS COMING

Have you registered for our one-day GP education event happening in March?

Saturday, 2 March
 8:30am-3pm
 Level 2, Main Lecture Theatre, Lyell McEwin Hospital

We will be running CPR sessions throughout the day, but places are limited and are allocated on a first come, first served basis. Please be aware that many GP's have already expressed an interest in the CPR course. For those who have already signed up, please call/email us if you can no longer make it so we can offer your CPR place to another attendee.

[Download the event flyer](#)
[Register now](#)



ANTENATAL CARE

POPNI is NALHN's online pregnancy platform that commenced in November 2021. Women who register a pregnancy with NALHN either by calling the Pregnancy Referral Line or from a GP's written referral, are sent a link to their phone to complete their medical, surgical history, and pregnancy details via the platform.

Midwives review the women's information on POPNI before allocating their first pregnancy appointment which occur between 14-16weeks. POPNI distributes antenatal education resources to the women throughout their pregnancy.

Once registered on POPNI women are encouraged to book a double appointment with their GP to organise all early antenatal bloods and urine tests including first trimester screening. Most commonly first trimester screening includes a SAMSAS blood form and nuchal translucency ultrasound, however some women may choose to have a NIPT. All early antenatal results will be reviewed at the woman's first pregnancy appointment between 14-16 weeks. However, if you are concerned, Lyell McEwin's Early Pregnancy Unit is available for advice on 8282 1301, seven days a week.



If you have any questions please email the POPNI team:
Health.POPNWCD@sa.gov.au

NEW ALLIED HEALTH CLINIC OPENS IN ELIZABETH

A new UniSA Health Medical Elizabeth Clinic has opened and is located at 26a Mark Road Elizabeth South SA 5112 (1300 172 996).

They are operating several student-led Allied Health services including Physiotherapy, Occupational Therapy, Exercise Physiology, Social Work, Podiatry, Speech Pathology, Psychology, Mental Health clinicians, and Nursing.

These clinics will be available at a low-cost option (approximately \$10 per visit) and fee reduction is available on a case-by-case basis. Patients also do not need to be an Australian resident, have travel insurance, or medicare cover.

Please email your referrals to elizabeth@unisamedical.com.au (they accept any referral format).



**University of
 South Australia**

HEART FOUNDATION AND ADELAIDE PHN CVD ROADSHOW

An interactive webinar bringing a tailored approach of Cardiovascular Risk Reduction from the Heart Foundation in collaboration with Adelaide PHN.

Wednesday, 28 February 2024
 6:00-7:30 PM



The live Virtual Workshop will bring together specialist presentations followed by a case study and Panel Q&A with audience participation. The webinar will deliver on the following learning objectives:

- Update primary care health professionals on the latest clinical risk assessment recommendations incorporating new evidence on risk factors, imaging and biomarkers
- Provide practical advice for the delivery of Heart Health Checks, including available resources for the general practice team
- Guidance on the management of high blood pressure and cholesterol, nutrition and other lifestyle support strategies
- Increase knowledge on local referral pathways for risk factor management and review
- Support the design and delivery of quality improvement activities to leverage national and local incentives for ease of implementation.

This activity has been accredited by the RACGP for 1.5 Educational Activity CPD hours (activity no. 416743).

Please [register](#) your interest to attend.

PALLIATIVE CARE ECHO PROGRAM

The Palliative Care ECHO series connects healthcare professionals from all disciplines to share and learn from each other through education and real-life case discussions.

Fortnightly on Tuesdays
 6:30 - 7:30 pm via Zoom

It's FREE and open to all healthcare professionals.

[Register now](#) or click [here](#) for more information.
 Enquiries to: echo@sapmea.asn.au



CARING FOR COLLEAGUES

Are you a GP who provides care for fellow Medical Practitioners? HealthPathways* SA has released a new Pathway designed to help guide you in supporting their mental health and wellbeing.

We invite you to review the [Clinician Health: Caring for Colleagues](#) pathway and provide any comments via the feedback button on the Pathway.

Clinicians can sign up free to HealthPathways SA [here](#).

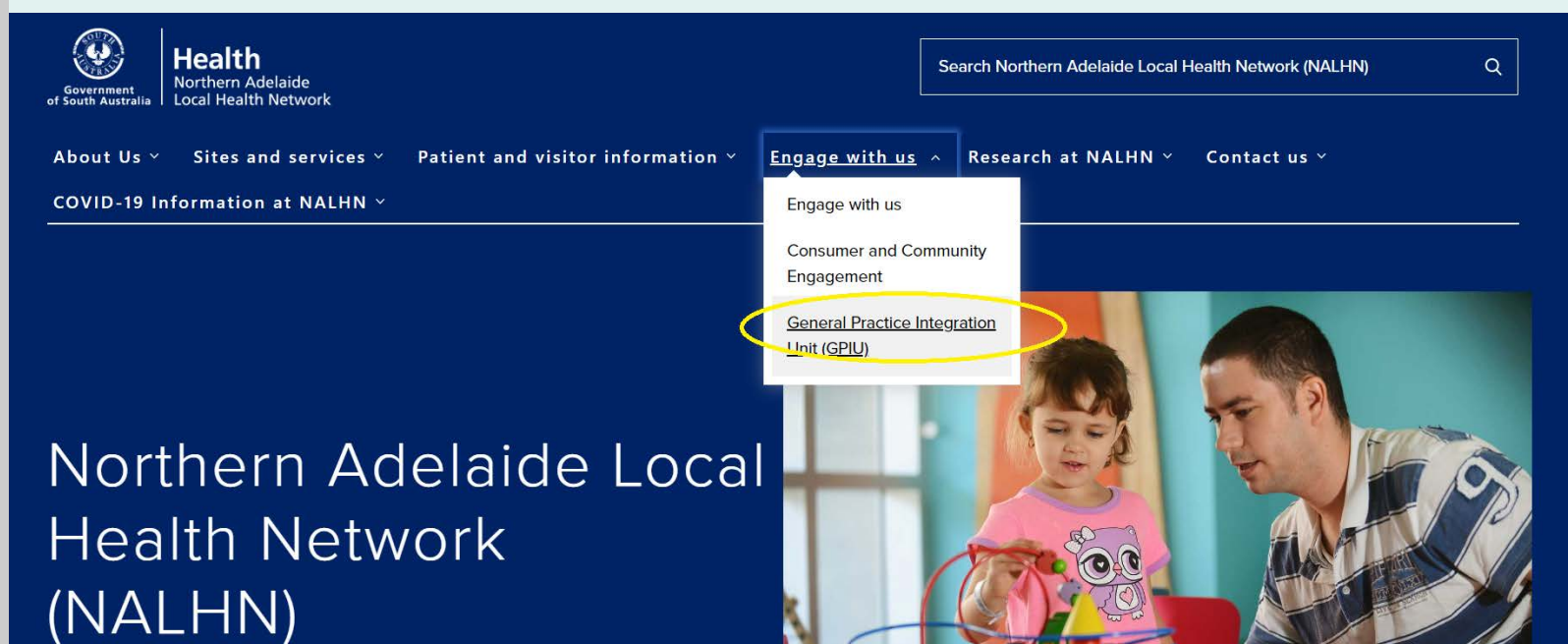
*HealthPathways SA is a partnership between @SAHealth, @Aphn and @CSAphn



NALHN GPIU WEBSITE

Did you know there is a dedicated page on NALHN's website - sahealth.sa.gov.au/nalhnGPIU - with information for our local GPs?

We are currently in the process of updating content and making improvements, so if you have any suggestions on what information you would like to see on the website, please just send us an [email](#).



Northern GP News will be sent approx. every three months and are for GP's and practice staff working in the NALHN region. If you would like to unsubscribe, please [email us](#) with the subject 'unsubscribe'.

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 (double click on the stars to rate)



NORTHERN ADELAIDE LOCAL HEALTH NETWORK