

Visiting Guidelines

FACT SHEET

Visiting Guidelines for Flinders and Upper North Local Health Network hospitals and health services

General inpatients

- Inpatients can have a total of two (2) visitors per day for two (2) hours.
- All visitors are required to wear a surgical mask.
- Visitors must report directly to the patient's room for their visit.
- Visitors must not be present in communal/public areas.

Visiting hours

- **Monday to Friday** – 10.00 am to 12.00 pm – 4.00 pm to 6.00 pm.
- **Weekends and public holidays** – 10.00 am to 12.00 pm

If you are COVID-19 positive visitor...

- Approval is required by the Nurse Unit Managers or Shift Coordinators in association with the Director of Nursing/Midwifery.
- No COVID-19 positive visitors should enter the Acute Setting unless verbal approval has been received.
- Further instructions will be provided by the supporting Manager for entry requirements.
- Approved visitors must wear an N95 (fit check), eye protection, gown and gloves at all times.

If you are visiting a COVID-19 positive inpatient...

- Approval is required by Nurse Unit Managers or Shift Coordinators in association with the Director of Nursing/Midwifery.
- If a visit is approved, visitors should report directly to the Team Leader for further instructions prior to entering the patient's room.
- Visitors must wear an N95 (fit check), eye protection, gown and gloves.

If you are visiting an end of life/palliative care inpatient...

- Visiting hours are 8.00 am until 8.00 pm for visitors attending for compassionate reasons or End of Life/Palliative Care.
- Nurse Unit Managers or Shift Coordinators can approve extended visiting hours and more than two visitors at a time in association with the Director of Nursing/Midwifery.

If you are accompanying an outpatient or emergency patient...

- A maximum of one individual per person can accompany a patient to the Emergency Department, an outpatient appointment (including Antenatal and Postnatal) or Country Health Connect Group session.

If you would like to be present with a paediatric/neonatal inpatient...

- A maximum of one individual (parent or guardian) to be present with the child in the patient's room at all times.
- In addition to this, an extra visitor can attend for a maximum of two hours per day during the current visiting hours. No other visitors (including children) are allowed.
- Exceptions can be made with approval from the Director of Nursing/Midwifery.

If you are supporting a person in maternity/labour and delivery...

- A maximum of one individual (designated support person) may attend the Acute Setting and support a woman in labour. Nurse Unit Managers or Shift Coordinators can approve extended visiting hours in association with the Director of Nursing.
- If a birthing partner/support person is COVID-19 positive, verbal approval needs to be given by the Director of Nursing, Nurse Unit Manager or Shift Coordinator.
- Further instructions will be provided by the supporting Manager for entry requirements.
- The support person must wear an N95 (fit check), eye protection, gown and gloves at all times.
- After labour/delivery, partners/designated support person of the birthing women can visit between 8.00 am and 8.00 pm.
- In addition to this, an extra visitor can attend for a maximum of two hours per day during the current visiting hours.

If you are supporting a Home-Based Service Delivery client...

- A maximum of two individual support person can be present with the client in the client's room / home treatment area.

If you are visiting a resident in our Residential Aged Care Facilities...

- Each resident can have two visitors per day.
- Visitors will be asked to perform a Rapid Antigen Test (RAT) prior to entering the facility.
- All visitors must provide evidence of both influenza and COVID-19 vaccinations and meet the screening question criteria for entry.
- Visitors must proceed directly from the entrance of the facility to the resident's room.
- Where possible visits are encouraged to occur outside.
- Visitors are not permitted in communal areas, including lounge and dining rooms.

Screening questions

All visitors are required to answer a series of screening questions before coming in to visit a patient.

The screening questions are as follows:

- Have you been diagnosed with COVID-19 within the last 10 days?
- Have you been in close contact of a confirmed COVID-19 positive case within the last 14 days?
- Do you have any symptoms consistent with COVID-19 including sore throat, headache, fatigue, runny nose?

If visitors answer yes to any of these questions, they will NOT be able to enter any FUNLHN hospitals or health services, unless you are seeking medical attention via the Emergency Department, or you have been granted approval for compassionate circumstances.