

Pregnancy Advisory Service

Flinders Medical Centre

Patient Information Pack

This pack includes information and resources for clients requiring medical or surgical terminations of pregnancy at Flinders Medical Centre.

SALHN

- [Flinders Medical Centre booking information](#)
- [Domestic and Family Violence fact sheet](#)

External

- [Counselling Services](#) (CALHN)
- [Choices in Contraception](#) (Shine SA)

Note: This information does not replace clinical advice, so please speak with your General Practitioner or the Women's Health Clinic on (08) 8204 5511 if you require further information.

For more information

Pregnancy Advisory Service
Flinders Medical Centre
Flinders Drive, Bedford Park, South Australia
Telephone: 8204 5197
www.sahealth.sa.gov.au/SALHN



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This document has been reviewed and endorsed by consumers.

Pregnancy Advisory Service (PAS)

The service at Flinders Medical Centre offers early medical terminations (less than 9 weeks) or surgical terminations (less than 16 weeks).

The medical termination consists of one appointment.

The surgical termination consists of two appointments. This may not always be in the same week.

At Flinders Medical Centre you will need to present to the Pre-Admission Clinic, ground floor.

Before your appointment

You do not need an ultrasound or blood test before your appointment, but if you have had one, please bring the results to your appointment.

Counselling is available on the day of your appointment. If you would like to speak with a social worker before the day of your appointment, phone 8204 5511 between 9am and 4pm and ask for the social work department. Support and resources are provided confidentially.

Cancelling your appointment

If you need to cancel your appointment, please call 8204 5197. This allows for the waitlist to be booked. Due to confidentiality, you are the only one who can cancel your appointment.

On the day of your appointment

Please arrive on time for your appointment and allow time to find a carpark.

Please bring to your appointment...

- Medicare card, Healthcare Card, Pension or Concession Card details
- You may bring a support person with you, but we ask you **do not bring children** with you to your appointment.
- Any notes given to you from your doctor.
- Any medications that you are currently taking, including inhalers.
- **NOTE:** you do not need a referral for this service.

What to expect at your appointment

At your appointment you will meet several members of the health care team. You can expect to be at the clinic for up to four hours.

A social worker is available for counselling.

An ultrasound scan to determine which procedure you can have will be performed.

A urine sample to screen for commonly sexually transmitted infections will be collected.

Your options and procedures will be discussed, along with any risks explained. Your consent will be obtained after these discussions.

Medical Termination

You will be provided with the necessary medication for your termination and given clear instructions on when to take the medication. The medication is taken over two days.

You will be required to have a follow-up blood test, 21 days after your termination.

Surgical Termination

You will attend the Day of Surgical Admission (DOSA) unit for 4-6 hours on the day of your procedure (usually Thursday morning).

You are required to have an adult drive you home and to remain with you for 24hrs after your procedure.

You will not be able to drive for 24 hours after the procedure due to having an anaesthetic.

More detailed information about your options is available on www.know4sure.org.au or www.sahealth.sa.gov.au

(Search Unplanned Pregnancy) or www.shinesa.org.au or www.childrenbychoice.org.au

The following is a comparison between the medical and surgical procedures.

Medical termination For a pregnancy less than 9 weeks	Surgical termination For a pregnancy up to 15 weeks
Is available from 5½ weeks pregnant.	Is only available if more than 6 weeks pregnant.
Most effective for a pregnancy less than 9 weeks.	Most effective for a pregnancy more than 7 weeks.
Resembles a natural miscarriage.	Involves inserting a tube into the uterus to remove the contents.
Abortion process lasts 1 to 2 days.	The operation procedure is complete within 10 to 15 minutes.
One appointment, which may last up to 4 hours.	Two appointments, on separate days. These may be a week apart. You will be at the hospital for 4-6 hours on the day of the procedure.
You are required to have an adult stay at home with you during the termination process.	The termination occurs in a health facility. You are required to have someone collect you from the health facility and stay with you overnight after the anaesthetic.
May be painful for a few hours or more following the use of Misoprostol. Pain medication will be provided.	Mild pain may be experienced after the procedure when the uterus contracts.
Longer period of bleeding. Possibly up to several weeks.	Shorter period of bleeding 1 to 2 weeks.
Anesthesia is not needed.	Pain medication, light sedation and anesthesia are required for the procedure.
Severe complications are rare.	Severe complications are rare.

IMPORTANT INFORMATION: IF YOU DO NOT HAVE A MEDICARE NUMBER

Please be aware that there are costs associated with your procedure. Contact your health insurance company before you attend your appointment to see what your costs will be. Flinders Medical Centre requires up-front payment. Finance will phone the day prior to your appointment via a 'No ID' number to identify you. Finance will then send an SMS payment link. You will be required to show your payment receipt on presentation to your appointment.

Approximate costs

Medical termination	Surgical termination
One outpatient visit at \$364 (Each)	One outpatient visit \$364
Medication \$340 (Approx)	Surgical fees including Anesthetist \$4006
TOTAL APPROX \$704	TOTAL APPROX \$4370

Please note: Additional follow up appointments and social work counselling will attract additional costs. If you are not claiming on your Private Health Insurance the prices above are approximate. If using Private Health Insurance, you may receive an extra payment account from the operating doctor.

Item numbers

Surgical termination under twelve weeks pregnant	CMBS 35640-03
Surgical termination over twelve weeks pregnant	CMBS 35643-03

There are no item numbers for medical termination

Please note: from July 1st each financial year costs may incur an increase.

For more information

Women's Health Clinic
Flinders Women & Children
Flinders Medical Centre
Bedford Park SA 5042
Telephone: 08 8204 5511
www.sahealth.sa.gov.au



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Domestic and Family Violence Support options

Domestic and Family Violence is common in Australia – one in three women have been victim to it, and one woman is killed each week by a partner. A person of any age, belief, ethnic or social status can be abused. Any person can be abused, but most abuse is by men against women.

Abuse can be:

- **Physical** – a hit, punch, slap, and/or push.
- **Sex** – rape or force you to have sex or do sex acts you don't want to do, make sexual comments or touch without consent.
- **Feelings** – to yell, put you down, make you feel stupid, swear at you, or call you names.
- **Control** – to stop you from being with family and friends or going to special events.
- **Finance** – to keep money from you, not allow you to have money of your own.
- **Threat** – using power over you to get you to do things you don't want to do.
- **Tech** – harass or pretend to be you online.

If you (or a person you know) needs help, there are supports you can contact:

Call 000 if you are in danger and need help now.

South Australian Domestic Violence Crisis Line

Ph 1800 800 098 (24 hours)

www.womenssafetyservices.com.au/

Provides info, advice, and a safe place to stay.

Yarrow Place Rape and Sexual Assault Service

Ph 8226 8777 or 1800 817 421

www.wchn.sa.gov.au/our-network/yarrow-place

Free service for people over 16 years of age who have been victims of sexual assault.

1800RESPECT

Ph 1800 737 732 (24 Hours)

www.1800respect.org.au

Phone advice and support

Relationships Australia SA Family and Domestic Violence Support Services

Ph 1300 364 277

www.rasa.org.au/services/fdv/

In person advice and support.

Uniting Communities

Ph 1800 615 677

www.unitingcommunities.org/service/counselling/domestic-and-family-violence

Advice and support for women who are victims of abuse.

One on one advice and group programs for men seeking to change their behaviour.