

# Set yourself up to stay independent at home.



“When I thought  
about it, I didn’t feel  
safe in the shower.  
I love my new  
shower set up!”

For advice see your Occupational Therapist,  
Independent Living Centre, local council and Doctor.

For more information visit:  
[sahealth.sa.gov.au/safetyandquality](https://sahealth.sa.gov.au/safetyandquality)



Government  
of South Australia  
SA Health