

OUTPATIENT REFERRAL GUIDELINES

Hypertrophic Cardiomyopathy/Fabry Disease Clinic

Southern Adelaide Local Health Network (SALHN)

Service Overview

- Specialist only referrals.
- Clinical assessment for Hypertrophic Cardiomyopathy (HCM) or Fabry Disease (FD) of the heart.
- Specific Clinical management advice for HCM and FD.
- Genetic testing and results interpretation, genetic advice – including cascade clinical and genetic screening of first degree relatives of proband (including current and planned offspring).
- Entry into HCM/FD clinic database (with consent).
- Ongoing Cardiology clinical care **will not** automatically be provided by this service; this will usually be in the hands of the referring specialist. The HCM/FD clinic will aim to see a patient for a maximum of four clinical visits – the first to assess if genetic testing is of value and the following to feedback results and their meaning, including implications for first degree relatives.
- The clinic will liaise with a patient's referring Physician and General Practitioner following initial consultation.

Inclusion Criteria

Subjects/patients with:

- Probable or definite evidence of HCM or FD
- Normally reside in South Australia

Exclusion Criteria

- The patient has already been seen by a SA Clinical Genetics Service (unless justification for referral is provided)

Investigations Required *(please provide results with referral)*

Cardiac assessment including:

- Full medical history, including family history
- Examination
- Non-invasive testing (e.g. ECG, Holter monitor, Echocardiogram, Cardiac MRI)
- Invasive testing where applicable (e.g. unexplained cardiac arrest)

Fax referrals to *(attn. Dr Kathryn Waddell-Smith/ Prof. Joseph Selva-Nayagam)*

Flinders Cardiac Clinic Fax (08) 8177 1589

Clinical Resources

- Australian Genetic Heart Disease Registry– Clinical Screening
<http://www.heartregistry.org.au/patients-families/testing-for-genetic-heart-disease/clinical-screening/>
- Australian Genetic Heart Disease Registry– Hypertrophic Cardiomyopathy
<http://www.heartregistry.org.au/patients-families/genetic-heart-diseases/hypertrophic-cardiomyopathy/>

General Information to assist with referrals and the and Referral templates for FMC are available to download from the SALHN Outpatient Services website www.sahealth.sa.gov.au/SALHNoutpatients

Version	Date from	Date to	Amendment
1.0	12 March 2019	31 December 2020	Original