

OUTPATIENT GP REFERRAL GUIDELINES REHABILITATION MEDICINE SERVICES Southern Adelaide Local Health Network (SALHN)

Neurological Rehabilitation

- Acquired brain injury including Traumatic Brain Injury, Stroke and Brain Tumours
- Neuro-muscular conditions (spinal, peripheral nerve and muscular)
- Complex Disability
- · Cancer Related Disability
- Cerebral palsy
- Degenerative neurological conditions
- · Vocational (Return to Work) capacity, implications and considerations in relation to Neurological Disorder

Information Required

- Named referral if specific consultant required
- Diagnosis and Management
- Specific issues to be addressed
- Current medications
- Allergies
- Past medical history
- Communication and/or language difficulties
- Need for interpreter
- Social background/work status

Investigations Required

- Previous specialist reports/letters
- Hospital discharge summaries
- Neuro-imaging reports
- Results special investigations (Nerve conduction studies, EMG, EEG)

Fax Referrals to

4th Generation Outpatient Clinics, Flinders Medical Centre Fax: (08) 8404 2263

Red Flags

Deteriorating mobility/walking /falls

Declining abilities with self-care

Difficulties with work performance and or community activities

Declining independence
Cognitive decline

Safety risk

Suggested GP Management

- Physiotherapy assessment
- Mental health assessment
- Health care plan
- Cognitive assessment

Clinical Resources

- New Zealand Guidelines Group (NZGG) Traumatic brain injury: diagnosis, acute management and rehabilitation2007 www.health.govt.nz/publications
- Ontario Neuro trauma Foundation. Guidelines for Concussion/mTBI & Persistent Symptoms: Second Edition.2013. www.onf.org/documents
- Evidence-based review of moderate to severe acquired brain injury http://www.abiebr.com/
- Australian Cancer Network. Clinical practice guidelines for management of gliomas 2009.
 www.cancer.org.au/content/pdf/HealthProfessionals/Clini

<u>www.cancer.org.au/content/pdf/HealthProfessionals/Clini</u> calGuidelines

General Information to assist with referrals and the and Referral templates for SALHN are available to download from the SALHN Outpatient Services website www.sahealth.sa.gov.au/SALHNoutpatients

Version	Date from	Date to	Amendment
2.0	December 2017	December 2019	V 1.0 reviewed. Updated contact and location details for service
1.0	September 2016	September 2018	Version 1, Original September 2014

