

Southern Adelaide Local Health Network

Youth Rehabilitation Transition Clinic

Information for young adults moving from paediatric to adult rehabilitation services

The Youth Rehabilitation Transition Clinic is designed to cater for young adults transferring from a paediatric to an adult rehabilitation service.

The clinic is eligible to young adults aged between 18 to 21 years who have multiple and complex rehabilitation and medical needs.

Prior to attending the clinic, we encourage you to nominate a GP who you feel comfortable to build a long term relationship with. The clinic doctor will then forward on any assessments and recommendations to your GP and any community care providers, to be incorporated into your future care plan.

Objective of the clinic:

The clinic aims to facilitate support and follow up in the adult health service and promote a smooth transfer from the paediatric setting by:

- > Introducing you to the adult health service
- > Improving your ability to navigate the adult healthcare system
- > Identifying any rehabilitation needs that are critical for your ongoing care and provide recommendations as required
- > Advocating for any interventions you may require over time to assist in maintaining function and improve quality of life
- > Improving sharing of information between services to ensure a holistic approach to your long term quality care.

Members of the team:

- > Adult Rehabilitation Physician
- > Transition Coordinator
- > Other allied health staff may be available as required – this will be determined on an individual basis.

What you will need for your appointment:

When you come to this appointment bring along the following:

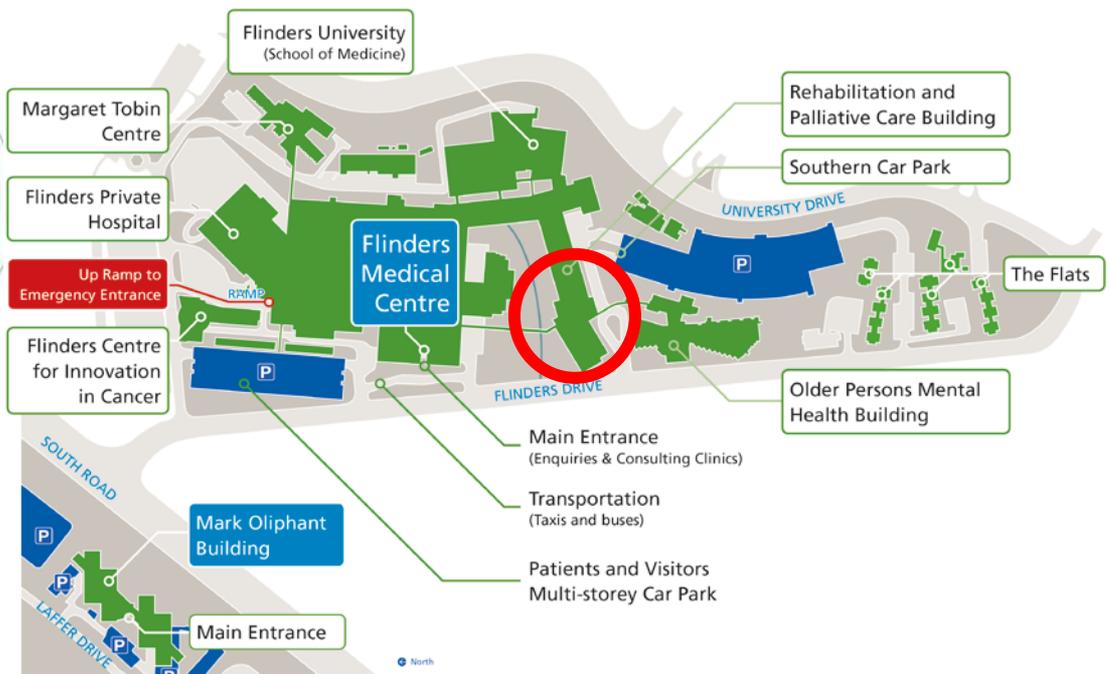
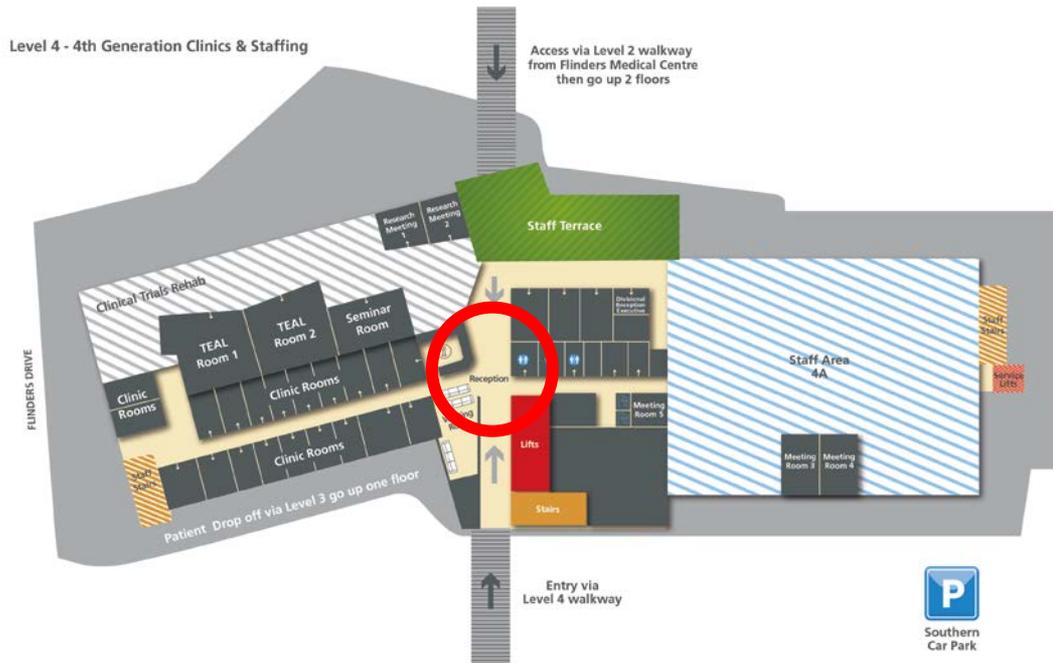
- > Medicare Card
- > Personal health record
- > Any other relevant referrals from your paediatric teams
- > GP referral
- > Contact information of you case manager (if relevant)

How long will the appointment take?

The first appointment will take 60 minutes. After this time, any review appointments may take up to 30 minutes.

Where is the clinic held?

The Transition Clinic is held in the 4th Generation Clinics, Level 4, Rehabilitation and Palliative Care Building, Flinders Medical Centre. Entry is via Flinders Drive (see maps below).



If you have any questions about your booking please contact the 4th generation clinics on (08) 8404 2269. If you have any clinical questions please contact the Transition Coordinator on (08) 8161 7367.

For more information

4th Generation Clinics
Rehabilitation and Palliative Care Building
Flinders Medical Centre
Ph: (08) 8404 2269
Fax: (08) 8404 2364

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