

Central Adelaide Local Health Network

Outpatient Flexible Nasendoscopic Examination and Evaluation

The Royal Adelaide Diagnostic Voice Clinic

The Queen Elizabeth Hospital Voice Analysis Clinic

These clinics provide specialist assessment, diagnosis, counselling and treatment advice to anyone experiencing voice or related problems and pre surgical assessment for people scheduled for thyroid surgery.

The clinic is staffed by a team of Ear, Nose and Throat specialist and specialist Speech Pathologists who provide a range of services, such as:

- > Evaluation and diagnosis of laryngeal issues including voice, swallowing and cough
- > Speech pathology management and recommendations
- > Therapy and education
- > Other services as requested

The Royal Adelaide Hospital Tumour Surveillance Clinic

Offers follow up for people who have had treatment for head and neck cancer

Speech Pathology Fibre-optic Endoscopic Evaluation of Swallowing (FEES)

Credentialed speech pathologists are able to offer a service for Fibre-optic endoscopic evaluation of swallowing.



What to expect

Questionnaire

Patients may be asked to complete a questionnaire prior to their clinic appointment to help clarify the nature and history of the problem and its impact on their lifestyle.

Endoscopic examination

The endoscope is a narrow, light conducting tube that is passed through the nose or mouth to view the larynx, including vocal folds, and surrounding structures. Use of a camera and monitor

allows everyone present to view these at work. A local anaesthetic spray may be used to numb the nasal passage and back of the throat.

Endoscopic examination provides a clear view and thorough assessment of laryngeal/vocal anatomy, health and function

Discussion

At the end of the assessment it is possible to view images of the larynx at work e.g. during speaking or swallowing. An explanation of vocal structure and function, as well as any assessment findings will be provided.

If a problem is identified, treatment options will be discussed and, where appropriate, clients may be referred to other services for further assessment or treatment. Allow 15 to 30 minutes for assessment and discussion.

Who can refer?

A doctor's referral is required for this service

Referral can be by a medical specialist or general practitioner. Speech Pathologists may arrange referral of patients they are working with and may also attend the clinic for advice, practice and demonstration of swallow or voice therapy techniques using endoscopic feedback.

RAH Referral:

It is important that medical referrals be addressed correctly to any one of the attending ENT Consultants as follows:

Dr JC Hodge, Dr Andrew Foreman or Dr Suren Krishnan
The Royal Adelaide Diagnostic Voice Clinic
Royal Adelaide Hospital
1 Port Road
Adelaide SA 5000

TQEH Referral:

Fax referrals to Voice Analysis Clinic TQEH: 8222 8021 or

Post to:

Coordinator: Voice Analysis Clinic
Speech Pathology Department
The Queen Elizabeth Hospital
28 Woodville Road
Woodville South SA 5011.

Referrals are triaged and allocated to ENT specialists : Mr John Ling or Mr Rowan Valentine and appropriate referral proformas faxed to referrer for signing.

How much will it cost?

There are no out of pockets costs

You have the choice to be Medicare bulk billed (private) or a public outpatient. If you choose to be a private patient all you need to do is:

- Ensure you have a valid referral
- Present your Medicare card
- Sign a Medicare bulk billing form

There will be no gap to pay and no need to worry about Medicare cheques.